FOUR PATTERNS. Striped Umbrella **SKIRT,** Striped Kimona **OVER-BLOUSE,** Embroidered Lawn **BLOUSE,** Girl's "Charlotte" **HAT**

MYRA'S Journal

3D.

The Leader of Fashion

Vol. XXXV. No. 8.

AUGUST, 1908.

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No. 7717.—A Directoire Bathing Dress.

For Description see Pages 30 to 35.

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Myra's Journal.

AUGUST, 1908.

PROFUSELY ILLUSTRATED.

Holiday Number.

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HOW TO MAKE UP STRIPED MATERIALS.

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NEWS FROM FASHION CENTRES.

FROM

VIENNA, PARIS, &c.

A COSTUME of black taffetas seems to be indispensable to the travelling outfit this year. In fact, some American ladies are using it as their chief gown. Much is to be said for it. Taffetas does not absorb dust like the richer silks, it is soon dusted down, and it does not get dirty. Then it is cool and light, and has the further merit that its wearer always looks well dressed.

The skirt should be made a good trottoir length—that is, not by any means showing the ankles, yet short enough entirely to clear the ground. A pleated skirt is generally selected—No. 7738, on page 15, is an ideal model for the purpose. With this skirt the prudent traveller takes a pinafore bodice and a smart little coat of the same silk. For the coat, No. 7748 (page 21) is just the right thing. For the pinafore bodice, Nos. 7749 or 7721 could be copied.

The charming Directoire costumes are too dressy and too fanciful for the holiday outfit, unless country-house visits form part of the programme. A Directoire tea or visiting gown should certainly be taken on visiting expeditions. In hotels and boarding-houses they are not good style, being too fanciful and dressy.

Directoire bathing dresses are the rage at fashionable French *plages*. Some are very pretty—such a one as is shown on page 3; but not a few are very tight—quite sheath-like, and these are as impeding to a bather, and as useless for their purpose as they are objectionable to the onlookers.

For light and smart blouses "all-over" broderie Anglaise or else lace seems to be the chief fabrics. The broderie blouse is ideal to accompany a linen holiday frock, being less flimsy than plain lawn or muslin. It is also the best fabric for trimming or forming the blouse for a gown of striped cotton.

How very pretty the striped cotton frocks are! Black and white stripes are the favourites for cottons, silks, muslins, and alpacas. The striped alpaca coats and skirts, trimmed with black silk braid, are very smart. One is a safe investment for the holiday outfit, and can safely be taken abroad, as Parisiennes and Viennese ladies consider it the most *chic* holiday tailor-made next to plaid costumes for the moors.

For the Highlands tailors are making tartan skirts and plain cloth coats or *vice versâ*. Perhaps the tartan coat with the plain skirt is the newer, but it is questionable if it is as effective. Tartan lends itself to scarves and skirts, but looks less well in straight shaped pieces—witness the Pipers of the Scots Guards, whose pleated kilts and draped shawls are most handsome, but whose tartan trousers—the undress of the kilt in this case—are exceedingly hideous. Of course, ladies wear the correct tartan of their own clan. Those who have no clan get what famous tartans are on sale. The green tartans are the favourites, the red ones—the Royal Stuart, for instance—being far too gaudy except for a full-dress Highland costume, when, no doubt, the Royal Stuart is the richest and handsomest of all. The green "hunting" Stuart is a quiet but very handsome tartan.

The holiday *lingerie* frocks are most smart. In the most elegant styles, rich with lace and tucks, no voile or æolienne dress could be more elaborate. Correspondents have anxiously enquired, "How about washing? what do these dresses look like when washed?" Well, of course, they never are washed. The people who can afford them treat them as they would any other light frock, and cast them aside when they begin to soil. The same may be said for very elaborate blouses of muslin. A French laundry gets them up very well, but a *grande dame* would never wear a muslin blouse which betrays even the minutest signs (they are never absent) of the launderer's art.

People of more moderate means choose less elaborate and delicate styles. For one thing, the washing is so expensive. A girl told me recently, with lengthening face, that a French laundry had charged her 12s. 6d. for washing a befrilled frock. She was lucky to be charged no more.

As a proof that the rich *lingerie* frock is not intended for the laundry is the fact that silk and satin is often combined with them. If cleaned at all, such dresses must go to an art cleaner's—laundering is out of the question. A beautiful Directoire frock of white French lawn and broderie anglaise not only boasted a black satin Empire sash—this, of course, was not incorporated with the dress—but it had its panels of broderie bound with black satin.

For seaside and country, one does not see so many *lingerie* "Charlotte" hats as one would have imagined, though they muster thick along the rivers and on the Broads. There seems to be a preference for the big hat of coarse white straw trimmed with roses or glorified fruit. When the *lingerie* frock is bound with black satin, such a hat as this would require big black satin bows, or else a quilling of satin under the brim. For holiday hats there is not much space for ribbon, as the floral decoration generally takes the form of a complete, big, broad wreath, rising into an aigrette on the left. The floral aigrette is very smart, and is not infrequently composed of different flowers to those making up the wreath.

The *couturières* of the Rue de la Paix are already well advanced with their autumn styles. In their able hands the long, clinging Directoire frock is becoming a dream of beauty, shorn of the wild extravagances which have only too often spoilt its earlier examples. French women look charming in it, but the tall, stately, typical English woman will look a perfect picture in an artistically thought-out Directoire gown this autumn and winter.

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An Original Holiday

By Mr. Scot Skirving.

AT this time of the year, which we are accustomed to speak of as "the holiday season," it occurs to some of us to speculate concerning those people who have no holidays. And this speculation does not include the very poor, those whom grinding poverty keeps ever at the tread mill, and who never can have any holidays, unless they receive them as a present from those better off than themselves; but it concerns those in what may be called "the comfortable classes, who have good homes and the wherewithal to live, but whom circumstances—the want of consideration of others, or even the temporary absence of ready money—have made a holiday an unattainable luxury, for this year at least. And there are many more people in this case than might be supposed probable; such people being, also, usually of the feminine sex. It is almost inevitable that it should be so. The breadwinner of the family, the business man—from the highest to the most insignificant in the great army of those who earn their living by the sweat of their brow and the strain of their nerves—it is universally acknowledged that he, at least, must have a respite, a holiday from the monotony of business, the strain of work, if only to keep himself fit for their continuance. Consequently, if there is only money enough for one holiday in a household, it is the man who must have it. And it is not only money that is necessary; sometimes it is opportunity or the necessity of someone remaining at home, which stands in the way of the wife's holiday. And yet it may be almost more essential to her than to her husband. His home is, or ought to be, at least a daily rest for him on his return from work, while it is to her the scene of her labours, the very environment from which she most needs a change.

It was a mere accident that, thinking of this matter, I happened to mention it to a bright-faced little spinster of my acquaintance the other day, when she surprised me by answering, "I did not go away at all last year, and it was one of the best holidays of my life."

Much interested, I asked her to explain, and, robbed of unnecessary detail, her little story amounted to this.

She is the sister of a college tutor, in a University town, keeping his house for him: and they usually take their holidays, if not actually together, at least at the same time, leaving the house in charge of a valued old family servant. That year the brother had been ill during the latter part of term, and the old servant, knocked up by the additional labour involved during his illness, needed a holiday as imperatively as the convalescent, thus rendering it necessary for the sister to remain behind with a young maid as her sole companion. The house could never be shut up—as is the prevailing fashion in that University town—because there were beloved animals, whose welfare was an important consideration.

No. 7718.—Pretty Tennis Frock of Striped Cotton.

For Description see Pages 30 to 35.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7719 No. 7720

A TUSSORE COAT AND CHARMING FROCK.

For description see pages 30 *to* 36.

Price of Paper Patterns, Coat, 1*s.* 0½*d.; Skirts, Foundation Skirts, Blouse, each* 6½*d.; Kimona,* 3½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

"When the others had been safely packed off," said the little spinster, "my first feeling was one of relief, at the quietness and absence of worry; for we had had a hospital nurse also, and the house had been given over to the heavy routine of sickness for more than a month. And then I began to get depressed, and to feel that I also was tired and worn out and needed a change like the others. It seemed dreadful to go on in the same routine, living in the same rooms, doing the same things at the same hours, and all alone, with nothing but rather dismal memories as company. And the solitude out of doors seemed even worse than that in the house, because practically every one goes away in August, and nobody who has not experienced it can realise how desolate a place becomes when all your friends and acquaintances vanish from it simultaneously. And then I remembered some advice which I had once heard given to a person in much the same circumstances as mine; and though the idea had seemed to me somewhat fantastic at the time, I caught at it now, as a sort of salvation, and began to carry it out to the best of my ability."

The idea which the little lady tried to work out was this: The most important element in any holiday being that of change, as she could not change air and locality, she determined to change everything else in her power—hours, occupations, rooms and habits. She determined to pretend—the idea being that she was living in a tropical country, and therefore must asume tropical habits suitable to the climate. She first altered the rooms in the house, shutting up those which were associated not only with recent illness, but with the ordinary routine of life. She turned the drawing-room into an airy sleeping apartment, keeping the dining-room for her sole sitting-room; but practically lived in a little tent which she hired for her by-no-means large back garden. She rose at six o'clock, or even earlier, had tea and biscuits, and then went into the garden, where she found the morning air of the usually sultry town quite fresh and delightful, and did a good deal of perfectly original gardening. ("Even digging is enjoyable when you wear what costume you like, and know that the next door houses are empty of observers.") By nine o'clock she was ready for a substantial breakfast in the tent, afterwards wrote letters and transacted any other business which had to be attended to in the same place. At about eleven o'clock, when the day was beginning to get hot, she went to bed—literally went to bed—and very soon got into the habit of sleeping soundly for three hours or so; after which she got up, had a bath, dressed in the ordinary habit of civilization, had a substantial "school-room tea" of eggs, bread and butter and fruit—luncheon being altogether eliminated in her day—and then went out exploring. She realised, as people seldom do, that when you live in a place, you know the outsides of it only. A place you inhabit is a place where you pay calls, and go to parties, and follow a routine—you never really know that place. So the little spinster pretended to be a tourist, and really looked at things. She had no social obligations, and could do as she liked when she went out. She made little excursions by road and rail, and once or twice went up to Town—not to shop and do theatres, but to see things which she ordinarily had no time for. Sometimes she took her little maid with her (there was a nice old woman in an almshouse, who thought it a holiday to take care of the spinster's house for a few hours), but her usual companion was her dog, who was as happy as she was. "I got into the spirit of making believe," concluded the little lady, "and found my life most interesting. The quiet rested my nerves (I was pretty tired to begin with), and under the utterly altered conditions of my daily existence, the places I visited seemed as strange as if I had gone abroad to see them. I used to come home to a late dinner, usually cold, at any hour from seven to nine, and, resting in a deck chair in the shelter of my tent, my only regret was that an ingrained fear of burglars prevented my sleeping there until six next morning. . . Oh, yes, there were wet days occasionally, but then I had my piano, which I hardly dare use in term time, because my attainments are not up to the local standard, and a lot of unaccustomed novel reading, chiefly French. I can assure you that when the middle of September brought home the others, it was a great effort to break up my "holiday abode" and get back into the ordinary routine. This year I am going with Robert to Switzerland. He says he owes me a good holiday because I had none last year. I could not make him understand. . . . The place where I spent my holiday last August is as far away as Switzerland, and I shall probably never visit it again."

No. 7721.—Charming Tussore Frock.

For Description see Pages 30 to 35.

Price of Paper Patterns, Pleated Tunic Skirt, 1s. 6½d.; Bodice or Kimona, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7722 No. 7723

No. 7724 No. 7725

A QUARTETTE OF CHARMING BLOUSES.

For Descriptions see Pages 30 to 35

Price of Paper Patterns, each 6½d.; Full-size Transfers of Embroidery for Blouse, No. 7723, price 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7726 No. 7727 No. 7728

HOLIDAY FASHIONS FOR THE MATRON.

For Descriptions see Pages 30 to 35.

Price of Patterns, Skirts, Foundation Skirts, Coat, or Blouse, each 6½d.; Kimona, 3½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 7729 No. 7730 No. 7731

No. 7732 No. 7733 No. 7734

HOLIDAY STYLES FOR THE CHILDREN.

For Descriptions see Pages 30 to 36.

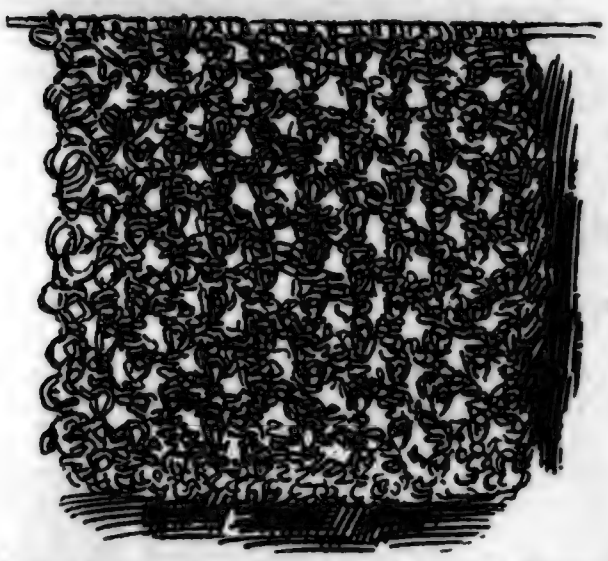
Price of Paper Patterns, each 6½d., post free, from Madame Myra, *10 and 11. Fetter Lane, E.C.*

THE NEW MOTOR SCARF.

WORKED IN OSOSILKIE SPECIAL SCARF THREAD.

By MRS. HAMER-JACKSON.

THERE is but little doubt that the wonderful popularity of the motor scarf will hold its own for a considerable time to come, for the useful little wrap answers a real need in the items of a woman's wardrobe. It is not everyone who can afford the luxury of an ostrich feather boa, and even where economy need not be studied, the tastes of each individual differs, and many are the women who will not wear the feather boa on account of the concentrated heat which



Detail of Coral Stitch for Knitted Motor Scarf.

they keep round the throat, whilst others object to the wearing of feathers so near the mouth, thereby allowing a constant breathing of the particles of dust and microbes which are so readily caught by the little strands which are so difficult to clean.

The motor scarf is warm and light, easily cleaned, and is a decided finish to a pretty costume if made up in a colour scheme to match the dress or the hat. If, however, one wishes to have scarves to match each costume, the item becomes a costly one, especially if a good quality is required. On the other hand, to make one is a most fascinating occupation and a charming way of passing the time on the beach or in the country.

To make a scarf is easy enough when once the style has been decided upon, but there are many ways of doing them, and each one claims a particular right to be chosen.

Crochet work is much used for the purpose, as there are so many pretty designs to be chosen from, whilst hair-pin work has many supporters on account of its light and lacy appearance; but, personally, I patronize neither crochet or hair pin work, for they have one very strong drawback: they cannot wash really well without spoiling the pattern and looking "washed."

Nothing can possibly look better, and wear as well as a hand-knitted scarf done with No. 12 needles and Ososilky Special Scarf Thread, which is obtainable in all the new art colours now so fashionable.

The pretty scarf illustrated is made in two different stitches. The main part being done in "coral stitch," which is so pretty and simple. A scarf is generally 12 to 14 inches in width, a scale of 10 stitches being generally allowed for each inch. It is, however, always better to make the entire number of stitches divisable by 10 with 3 over for the selvedges on both sides.

Begin by knitting 5 or 6 plain rows on which to fix the fringe later on, then for the first row of coral stitch knit 3 plain for the edge, then in the next stitch * k 1 and p 1 and k 1, making 3 stitches out of 1. Pass the thread to the front and purl the 3 following stitches together, pass the thread to the back and repeat from * till the end of the row, knitting the last 3 plain for the selvedge.

Second row: k 3, purl all along, k the last 3.

Knitted Motor Scarf.

Third row: k 3 *, bring the thread to the front, p 3 stitches together, pass thread to the back and k 1 and p 1 and k 1 in the next stitch, repeat from * as the first row, and end by k 3.

Fourth row: purl along except the 3 at beginning, and end with always k.

Repeat these four rows four times, then begin the insertion.

First row: p 3 *, k 3, p 7, repeat from *, then end with k 3, p 3.

Second row: k 3 *, p 3, k 7 repeat from * p 3, k 3.

Third row as first 4, fourth row p all along.

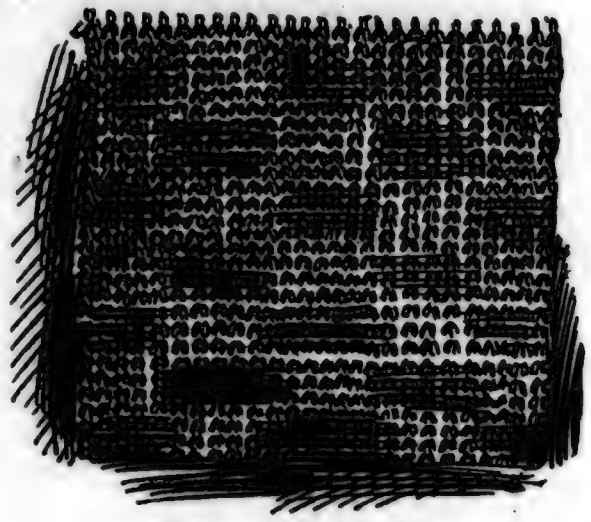
Fifth row: k 3 *, p 7, k 3, repeat from * and k the last stitch.

Sixth row: p 3 *, k 7, p 3, repeat from * and purl the last stitch.

Seventh row as fifth row. Eighth row purl all along. Repeat these 8 rows until the required width of the insertion is obtained, then take up again the coral design for the entire length of the scarf.

Of course, either the insertion pattern or the coral stitch may be used for the entire length, but the combination of the two designs is very pretty indeed.

The fringe is quite simple, and consists of threads cut regularly in 5 inches length, or longer if desired, then taking 3 or 4 strands together, double them and draw them through the edge of the scarf with a crochet hook, pulling the ends through the



Detail of Insertion.

loop and drawing tight. An elaborate effect can be obtained by dividing the strands and knotting them into each other.

MEDALS FOR HOME WORKERS.

ARTS, CRAFTS, AND DOMESTIC WORK COMPETITIONS.

A wide field of endeavour is offered to art and craft workers and to those skilled in domestic work in the thirty-one competitions which are to be held in connection with the Ideal Home Exhibition, to take place at Olympia in October under the energetic auspices of the "Daily Mail."

Nine of the competitions are devoted to painting and drawing, six to embroidery, three to lace, and others to wood-carving, china-painting, bookbinding, leather work, poker work, fretwork, basket work, crochet work, plain needlework, knitting, stocking-darning, &c.

Ninety-three medals, in addition to a large number of diploma's, are to be awarded—one gold, one silver, and one bronze medal in each competition. Application for rules, &c., should be made to the Competition Manager, "Daily Mail" Ideal Home Exhibition, Temple House, Tallis Street, London, E.C.

Among the judges who have undertaken the task of making the awards are the president of the Royal Society of British Artists, Alfred East, Esq., A.R.A., R.E., Sir James D. Linton, R.I., H.R.M.S., H.R.S.W., Sir Edward Sullivan, Seymour Lucas, Esq., R.A., Dudley Heath, Esq., Alan Cole, Esq., C.B., Cyril Davenport, Esq., V.D., F.S.A., of the British Museum, T. R. Ablett, Esq., of the Royal Drawing Society, Frederick A. Rhead, Esq., author of "Staffordshire Pots and Potters," the Countess of Bective, the Viscountess Molesworth, and Lady Llangattock.

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen." —N.B.

No. 7785.—AN EXQUISITE MUSLIN FROCK.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Skirt, Foundation Skirt, or Blouse, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

GRAPHOLOGY DELINEATIONS.

All letters must be sent to "Graphologist," Myra's Journal Office, 10 & 11, *Fetter Lane, E.C.*

(1) To be delineated in these columns, *specimens of handwriting* must be received on or before the 29th of the month.

(2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany *every* letter.

(3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom-de-plume is also required for printed replies.

Pat.—This handwriting shows originality and a strong will, with a certain amount of determination and ambition, which will enable the writer to carry out her plans to a successful issue. She should do well in artistic pursuits, as a great sense of colour and love of the beautiful is shown.

Rome.—The writer is impatient and quick-tempered, but withal kind-hearted, impulsive and truthful. Fond of games and all outdoor pursuits. The signature shows a certain amount of vanity and coquetry, and interest in the opposite sex. The writer is one who would always like to stand well with her friends.

Fortunatus.—The dominant feature of your handwriting is extreme penetration and acute power of observance, which would make you an excellent judge of character, your first impressions being usually very accurate. The sloping writing denotes kindness of heart and a willingness to help those in need. A little quick-tempered, but very honourable. The signature is excellent in its simplicity, showing a refined and simple nature.

Persimmon.—Your handwriting shows an original and capable mind; you are usually reserved, and have a good sense of personal dignity. Kind-hearted and loyal in affection, sometimes impulsive, at others cautious. A strong taste for music and all harmony is shown.

Queen Elizabeth.—This writing shows a highly impulsive and imaginative character, kind hearted, and would be a loyal and true friend. Business acumen and keen perception of character is shown. The flourish under the signature shows a love of admiration and an interest in the opposite sex.

Cornflower.—This handwriting reveals an energetic character with a generous and broad-minded disposition, with a strong love of her fellow-creatures, and I judge would be interested in philanthropic works. The nature is ardent and the ideals high. A strong colour-sense is shown, so that the writer would fully appreciate the beauties of nature. Is hopeful and courageous, and can exercise a decided will when she chooses.

Lord Roberts.—You have chosen an appropriate pseudonym, for you certainly have the qualities necessary for a good soldier, namely, great self-control, indomitable courage, and tenacity of purpose. The temper is naturally hot, but your particular training enables you to keep it well in hand. You are a great lover of animals.

Lucky Horseshoes.—You are very sensitive, and feel things very keenly at times. You are refined and fond of domestic life, and the home is your essential sphere, so that you would be far happier married than trying to fight your way in the world. You are fond of music and children; you possess much kindness, and love of the beautiful, both in nature and art.

Madame Butterfly.—The writer is essentially fond of a social life, and would make a good hostess. The poetry of motion appeals strongly to you, and you would make a very graceful dancer. Plenty of tact is shown, and you have the gift of always saying the right thing at the right time. Kindness and love of your fellow-creatures is shown by the sloping writing.

Nero.—You would make a good critic, either literary or artistic. You are sensitive and at times inclined to be despondent—you would do well to guard against this. You are always willing to extend a helping hand to others less fortunate than yourself. The signature shows you to be just and honourable in all your dealings.

(*For further Answers, &c., see p. 42.*)

No. 7786.—Holiday Frock of Striped Vivella.

For Description see pages 30 to 35.

Price of Paper Pattern, Skirt or Blouse, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7737 No. 7738

PRETTY TRAVELLING OR YACHTING GOWNS.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Pleated Skirts, each 1s. 0½d.; *Foundation Skirts or Coats, each* 6½d., *post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

THE PROSPECTS OF THE PROFESSIONAL WOMAN.

By JULIETTE HEALE.

THE woman's agitation, which to-day is the chief subject of conversation in every club and drawing-room, although it has not yet arrived at full fruition, has already had the effect of enormously improving the prospects of the professional woman.

Small concessions, idly granted, develop into big results when shrewdly taken up, and the half-contemptuous permission to allow women to join the Tripos examinations of Oxford and Cambridge (although these Universities refuse to grant the degrees the women win) led to women being given equal facilities and privileges in the newer, more-go-ahead seats of learning which the last few decades have seen arise for the public weal. To-day the female B.A., LL.B., B. Sc., M.D., &c., abounds. Not a few men, I imagine, of the classes who do not mix much with highly-educated women were astonished (and not pleasantly so) by the shoals of women in scarlet or black gowns, in their hoods of every shade, in velvet cap or "mortar board"—all signs and symbols of educational triumphs—who marched in the two great Women's Demonstrations of June.

Why did these women spend their childhood and girlhood at school and college, qualifying for the degree they eventually won? For fun? There has been purpose behind all this eagerness for study, for the degrees which are the tangible expression of due educational qualifications. The man in the street, if he thought about it at all, has hitherto concluded that all qualified women wanted to be teachers. But in that case the teaching profession would be largely overstocked, and it does not appeal to all women, some of whom long for the more scientific side of the doctor's or biologist's profession, while others feel that their gifts impel them to the Bar or the chemist's laboratory.

Efforts have been made, open and secret both, to force educated women to keep to the scholastic profession. Only thirty years ago the female medical student had to face the grossest insults from professors and male students alike. Every effort was made to shame and terrify her into relinquishing the career of her choice. There is little doubt that she would have been forbidden to practise after she had qualified (the position of the female to-day who has qualified for the Bar) had it not been for the vast numbers of England's Mohammedan subjects. The wail of the Zenana, into which no male doctor might enter, made it imperative that qualified female doctors should arise and do this necessary duty. But the two great trades-unions of the doctors shut their doors on the female practitioner, and it is under the pressure of the women's movement that they have at last decided to unbar the door, just when it is no longer required, as even male practitioners have begun to ask themselves why they need a union,

No. 7739.—A Directoire Coat and Skirt.

For Description see pages 30 to 35.

Price of Paper Patterns, Skirt, or Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7740

No. 7741

A MUSLIN FROCK AND GATHERED PRINCESS GOWN.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Princess Gown, 1s. 6½d.; Skirt, Foundation Skirts, or Blouse, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7742.—Charming River or Seaside Frock.

For Description see Pages 30 to 35.

Price of Paper Patterns, Skirt, or Coat, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

without the aid of which hundreds of women doctors—such women as Mrs. Scharlieb and Miss Caroline Sturge—have attained first-class prestige.

The women's movement has brought hope and joy to the female student, the professional woman. This is *our* century, remember, and women are advancing by leaps and bounds. This year we have three female wranglers, a woman has beaten all the males in Pharmacy. Miss Amber Reeves (daughter of the High Commissioner for New Zealand) has just added to her previous triumphs, in Part I. of the Moral Sciences Tripos at Cambridge, the honour of sharing with a sole competitor (a male) the whole of the First Class in Part II. A lady electrician (Mrs. Hertha Ayrton, a brilliant Girton girl) has discovered certain matters concerned with noiseless search-lights which have baffled the Admiralty for years. The Society of Chemists says women shall not join them. "They will never find employment," says this gracious body. How very kind! Women discoverers of chemical phenomena will be a feature of this grand century—the Women's Age. Female chemists can afford to ignore the Society of Chemists in this age of Public Laboratories.

"No favour but no handicap"—that is the watchword of the modern professional woman. We shall soon have female barristers. "The Bar" will not admit women, but who is to prevent a plaintiff or a defendant from securing the services of a lady barrister? I know if I ever find myself *compelled* to bring or defend an action, I shall charter Christabel Pankhurst on the spot, for the first cause that *she* pleads is bound to win. The cut-and-dried male barrister is not in the running at all.

The marching crowd of women graduates turned one's thoughts to the First-Class Government Clerkships. I was brought up in a set of Government officials and clerks of that kidney, and I know what an easy time they have, how well paid they are, what a snug pension they come into. Their path in life is a very easy one, although it does not lead to riches or fame. The work is in no sense of the word *virile*—any educated woman could do it—but *no* woman at present can become a First-Class Government Clerk. Even a high education is not necessary for the berths were it not for the great competition these snug posts evolve, a competition which makes the examination more difficult every year, and the standard so high that only a first-class graduate has much chance of gaining a post. Well, women are first-class graduates, and they also shall get First-Class Government Clerkships. We women pay those clerks by our taxes, and we shall also share the emoluments of the comfortable endowment fund we help to raise for them. It seems really a little too hard to mulct women to pay for posts they may never dare hope to gain. But the days of injustice are passing away.

No. 7743

No. 7744

DAINTY STYLES FOR LINEN OR COTTON.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Pleated Skirts, each 1s. 0½d.; *Blouses, each* 6½d.; *Kimona,* 3½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7746

No. 7745 PRETTY MIDSEASON HATS. No. 7747

For Descriptions see Pages 30 to 36.

No. 7748 No. 7749

MID-SEASON TAILOR GOWN AND ELEGANT DIRECTOIRE FROCK.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Coat or Blouse, each 6½d.; Pinafore Bodice, 3½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

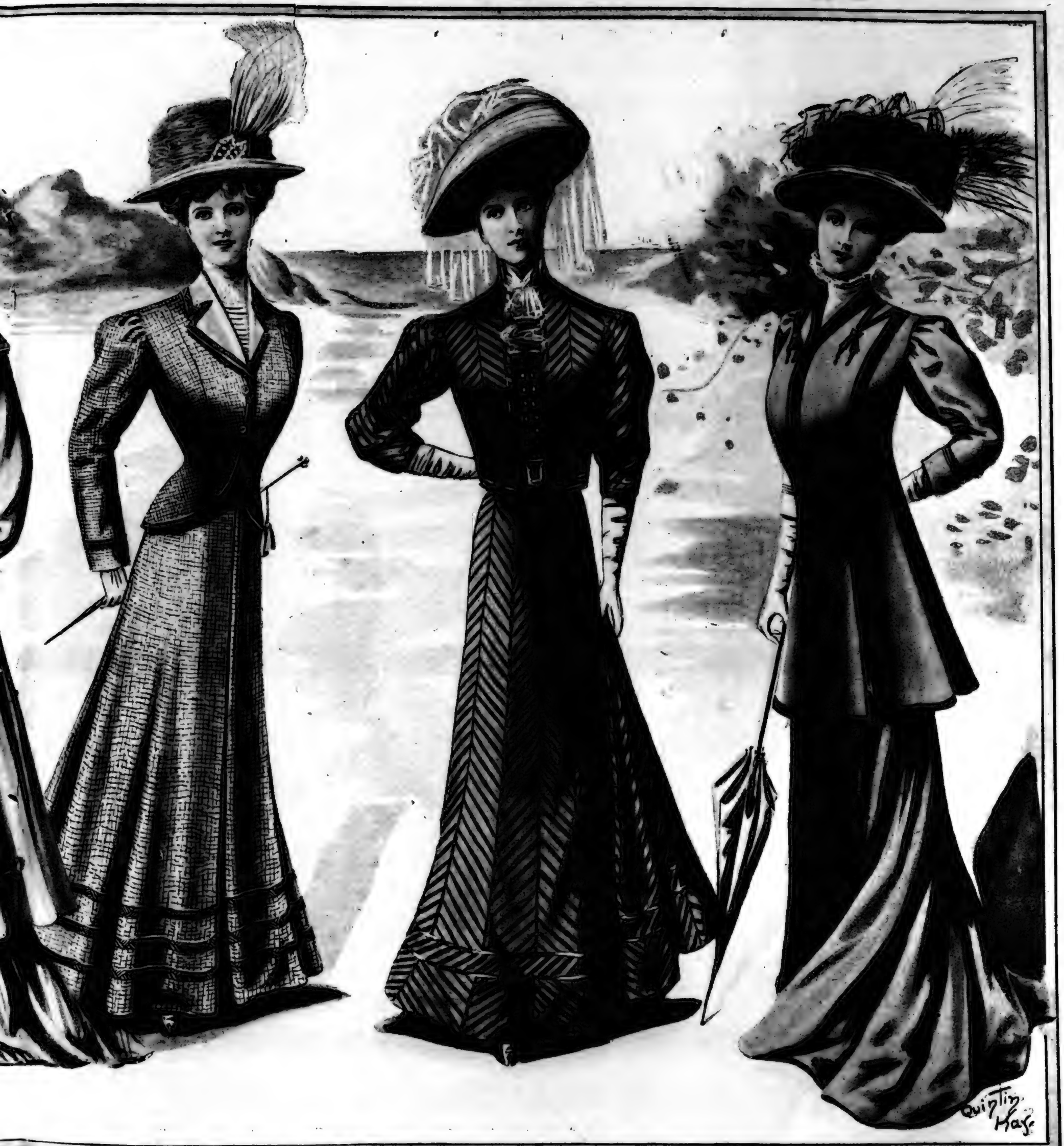
No. 7750 No. 7751 No. 7752

SMART GOWNS AND AN ELEGANT TRAVELLING OR DUST

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Pleated Skirts, and Wrap, each 1*s.* 0½*d.; Skirts, Foundation Skirts, Coats, Blouse, each* 6½*d.; Full-size Transfers of the Embroidery for Blous*

No. 7753 No. 7754 No. 7755



LING OR DUST WRAP FOR THE HOLIDAY OUTFIT.

ons see Pages 80 to 85.

Embroidery for Blouse, No. 7751, can be had, price 7½d.; and for Coat, No. 7750, price 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. *No* turnings are given.]

TWO-PIECE UMBRELLA SKIRT AND SMART KIMONA OVER-BLOUSE FOR STRIPED FABRICS.

THE skirt is a favourite style of the moment, with the stripes running right across the skirt, meeting in points at the back and front seams. Shortened in trottoir form (see the second illustration sketched with Free Blouse), it would do excellently in striped serge, tweed, or alpaca, or in plain serge or linen. It is a lovely model for striped tussore or muslin, with shaped front band of lace.

The skirt pattern is in two pieces: half the skirt and an added corner, the paper not being wide enough for complete half (see diagram). The overblouse pattern is cut in one piece: one front and one back, cut in one. The diagram shows how to lay the two patterns on the seamed breadths, so that the stripes of skirt run right across each circular piece, meeting in points back and front. A full opened-out breadth is required for each lower half of the skirt, and half a breadth is enough for each top of the circular breadth. The folded breadth is seamed to the double opened-out breadths at the selvedges, the kimona being laid along the folded breadth, so that it is cut in duplicate. The model is a very economical one, taking only 7½ yards of single width 29-36-inch material, there being plenty of "waste" for the false hem required at sides of skirt. In making all seams, see that the stripes meet nicely. When the breadths for skirt are seamed up the selvedges, the skirt is simply seamed back and front, the opening being left at the back.

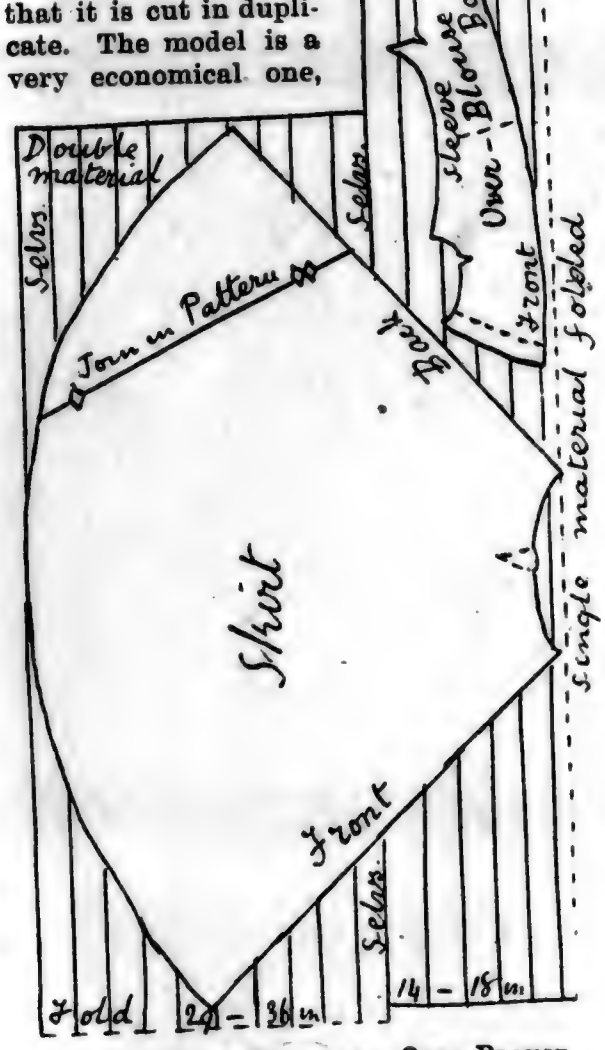


Diagram of Skirt and Over-Blouse Patterns.

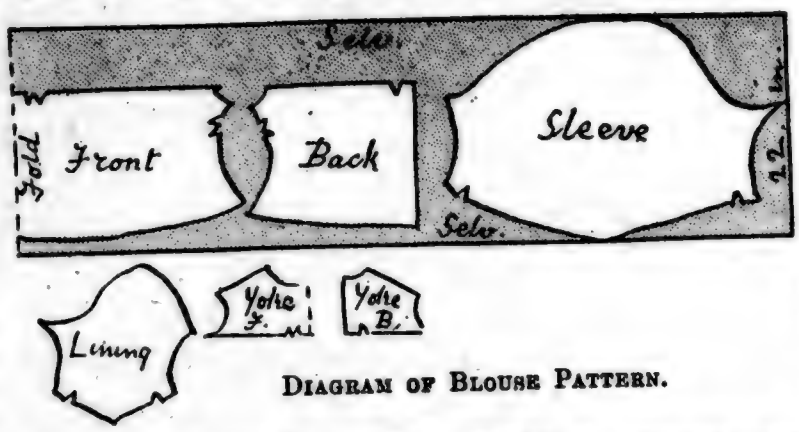


Diagram of Blouse Pattern.

A good hem should be allowed. The skirt (alpaca or tweed) could be lined; the muslin skirt would be worn over a silk or moirette foundation skirt. The top is simply bound. This skirt is very quickly made. A lining (a light linenette or sateen) is an advantage. Put on the front panel, cut out of piece lace, bound with taffetas, matching one of the stripes.

The over-blouse is gathered at the waist line to fit the figure, fronts and backs meeting at the waist. The shoulder is gathered; 1½ inch is left free at the armhole (to hold the bound lace like that on the skirt), and the rest of the shoulder is gathered up into 2½ inches. The edges are simply hemmed of fronts, backs, and basques. The waistbelt, of the taffetas binding the lace, is draped on bones and keeps the over-blouse in place.

A BLOUSE OF "ALL-OVER" EMBROIDERED LAWN.

For this blouse a design of "all-over" broderie Anglaise should be selected of reversible design with wheels or stars, as this fabric, in average pieces, is only 22 inches wide, and seams up the selvedges —to make the material wide enough for sleeves or front—are most disfiguring. Hence the length of the blouse must be taken from the width of the 22-inch fabric. In striped broderies this is very effective.

The pattern is in six pieces: one back, half the front, half the front yoke, one back yoke, one sleeve, one sleeve lining. The diagram shows the pieces for embroidery laid on 4 yards 22-inch material, which is opened out and is double, so that back and sleeve are cut in duplicate, the front (centre laid along the fold) being in a single piece.

The yoke is made up in rows of lace to flat pattern. The insertion can be whipped together edge to edge, or can be joined by lace beading or tucks of plain lawn. Fourteen inches of the broderie insertion, bound with lawn, forms the collar band. This should be supported with fine white-cased bones and hooks at the back. An edging of Valenciennes insertion is effective, with hem of lawn.

Tack together backs and front. Gather into the lace yoke according to the notches and try on. Hem the basque. Hem the back edges, and close with a few Newey's Imperial Spring Hooks (very small) and worked loops. A handsome *motif* hides the yoke-join in front centre.

Seam the one-piece sleeve, which is draped on the smaller lining of plain lawn, and is finished with a band of broderie and lace. The blouse should be worn over a complete under-slip of white glacé.

Over the shoulders is a strap of broderie, bound with lawn and edged with Valenciennes lace, also finished with a lawn hem.

"CHARLOTTE" HAT FOR A LITTLE GIRL.

This very pretty model, which can be worn by girls of almost any age, is made of 22-inch "All-over" embroidery, the brim being of 4-5-inch embroidery flouncing to match. Two yards of flouncing will be required.

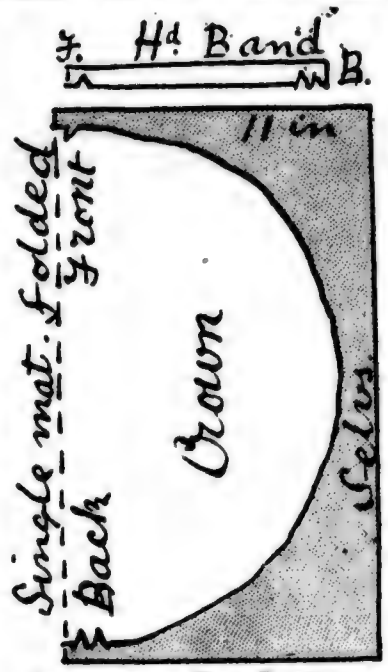


Diagram of Hat Pattern.

The pattern is in two pieces: half the crown, half the head band. Cut the head band in firm lawn. The diagram shows the crown pattern laid on ¾ yard 22-inch broderie, which is folded in half (selvedges meeting), the centre of crown laid along the fold.

Fit the child's head with the band. Seam it at the back. Pleat the crown into the band's upper edge, making the single and double notches coincide of head band and crown. Line the band, which can be corded for extra firmness. Into the lower edge of band pleat up the two yards of flouncing, which should be seamed at the back. Rich box pleats give the best effect, and make the flouncing stand out well. Trim the hat with a drapery of soft blue ribbon, with a big rosette on each side of the front.

"Your patterns are so excellent I do not care to use any other."—A.

Our Four Free Patterns.

(For Descriptions see Page 24.)

No. 4.—GIRL'S "CHARLOTTE" HAT.

No. 3.—LAWN EMBROIDERED BLOUSE, SHOWING ALSO FREE SKIRT SHORTENED.

Nos. 1 and 2.—UMBRELLA SKIRT AND OVERBLOUSE IN STRIPED MATERIAL.

Practical Dressmaking for Home Workers.

USEFUL KNICKERBOCKERS FOR THE TRAVELLING OUTFIT.

THIS is a very good design, cut low in front so that protective material does not enlarge the figure. The fronts (to side slits) have no added band, being shaped with darts. There are buttoned added bands at back on to which is buttoned the one-piece flap band.

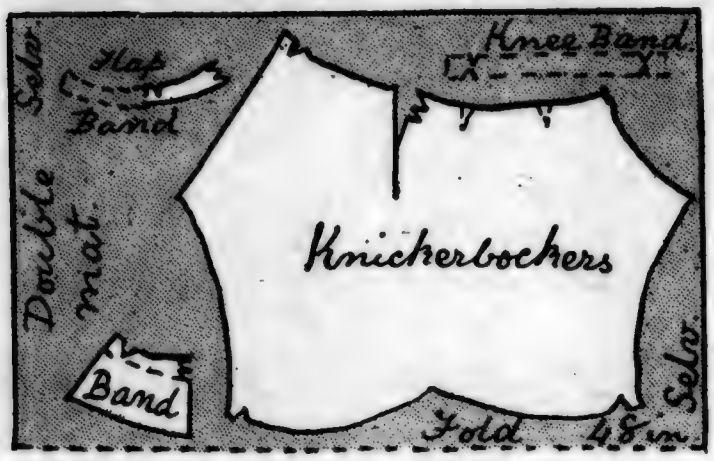


Diagram of Knickerbockers Pattern.

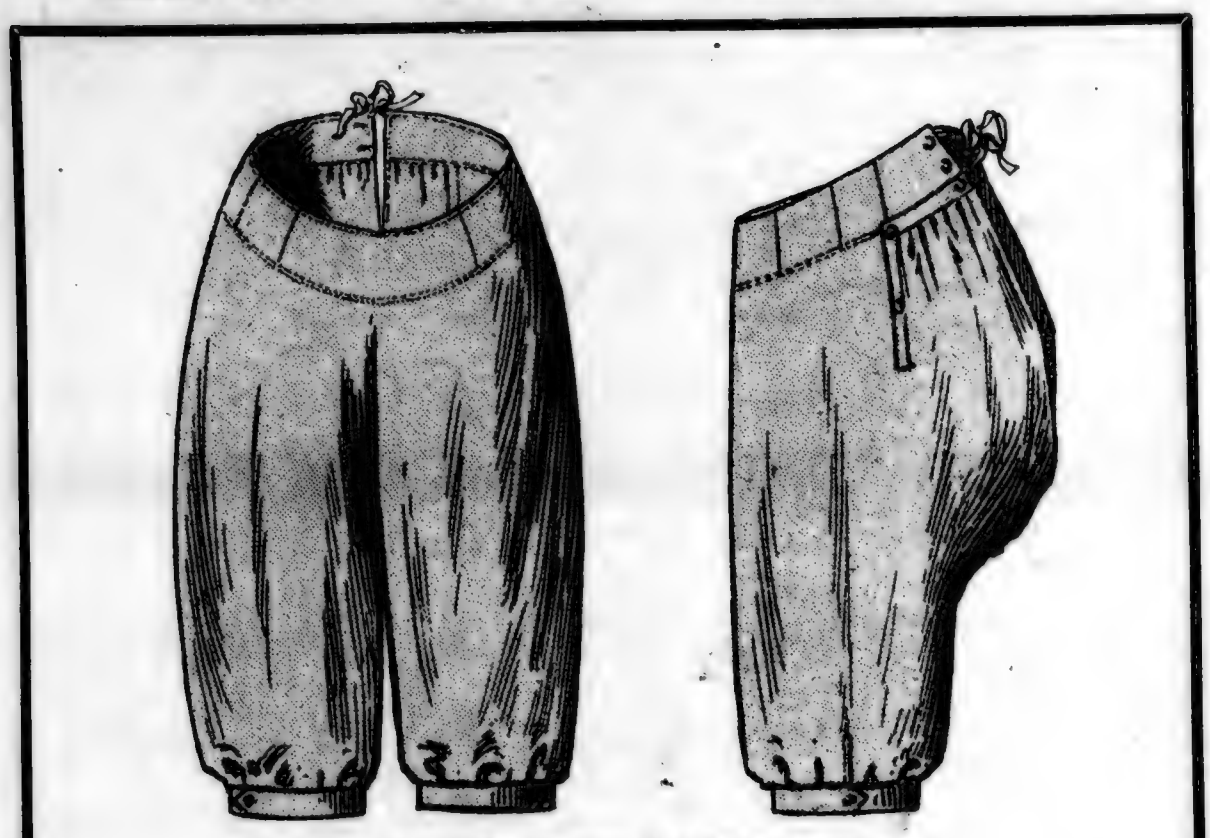
The pattern is in four pieces: half the knickers, one back band, half the flap band, one knee band. The diagram shows the pattern pieces laid on 2 yards of 42-48-inch serge or tweed, which is opened out and is double, so that knickers and bands are cut in duplicate. The duplicate of flap band can serve as a lining, but thinner lining is advisable. The lacking half of flap band is marked out in the diagram.

Tack the four front darts. Tack on the two backs of shaped bands at the double notch. Tack front and back seams of knickers, and gather flap into the flap band. Try on. Stitch and press open the darts and seams, and line the top of fronts to the ends of darts with a shaped band of lining (cut on the knickers after darts are arranged). Stitch in the lining and protect the side slips with strips of lining. Gather the back flap into the lined flap-band and make in the band three buttonholes.

The backs of shaped band should be lined to support the buttons and buttonholes. It is advisable also to have a short runner at the back at waist to assist the fit.

The knees are gathered into a lined knee band. Slit the sides for two inches (and hem the slit) for an opening, as the knee bands must button *outside* the leg (not at the seam).

Excellent tweeds or serges for this purpose, at very low prices, can be had from Lewis's, Market Street, Manchester.



No. 7756.—Useful Knickerbockers.

For Description see this Page.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

The pattern makes up very well in striped cotton. Another excellent material is grey alpaca. Lewis's, of Market Street, Manchester, have excellent firm weight alpacas, which are just the thing.

The knickerbockers are an excellent pattern for cycling, golfing, hill or mountain climbing. It is a good plan, for the holiday outfit, to have them the same colour as the dress or stockings.

HOW TO MAKE A SMART KIMONA BELT.

We want so many little oddments of this sort for the travelling outfit because we have so little space at our disposal for the storage of many gowns. For the sake of variety and "utility" purposes we must make a skirt or blouse play many parts, and it is in this respect that a kimona belt comes in so usefully. Every travelling outfit should contain a black taffetas gown. It is most serviceable to have the skirt long and smart of type, but with bodice chiefly prepared with a view to outdoor purposes. Now the black taffetas skirt is the very

No. 7756A.—Smart Kimona Belt.

For Description see this Page.

Price of Paper Pattern, 3½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

thing for table d'hôte and casino wear, but in that case the bodice is not absolutely suitable. It is better to have with the skirt a beautiful white blouse of semi-evening character, and over it wear this pretty kimona belt, which is designed out of oddments of black taffetas and black filet lace.

The lace and bands of taffetas are made up to the flat pattern. If there is no taffetas available, ribbon of the taffetas colour suffices. The lace could be black, cream, or white. Two kinds of lace could be used—a filet lace for the insertion, and a yak lace for the edging. The best of these pretty details of dress is that so many oddments, useful for other things, come in for a charming whole, which lends grace and distinction to a much-thought-out, if economical, toilet.

This kimona belt can be made out of any unsoiled "waste" or sale remnants. For further suggestions as to remnants from the July sales, see Nos. 7768 to 7773, page 40.

MYRA'S EMBROIDERY TRANSFERS.

These excellent full-size Transfers of Embroidery designs which we publish monthly are only printed in BLUE. For dark materials, instead of "ironing off" the design on the fabric, tack the transfer in place and work OVER it, tearing away the paper when the embroidery is completed.

MYRA'S PAPER PATTERNS.

Madame Myra, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6½d. (plain skirt or bodice, or short coat). Pleated or tucked styles cost according to complications.

"I have taught myself dressmaking from your very valuable paper."—A. R. W.

ROBINSON & CLEAVER, Ltd.

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Irish Cambric Pocket Handkerchiefs.

	Per doz.
Bordered.	
Children's	1s. 3d.
Ladies'	2s. 6d.
Gentlemen's	3s. 6d.
Hemstitched.	
Ladies'	2s. 9d.
Gentlemen's	3s. 11d.

Irish Collars, Cuffs & Shirts.

COLLARS.—Gentlemen's 4-fold, from 4s. 11d. per doz.
CUFFS.—For Gentlemen, from 6s. 11d. per doz.
MATCHLESS SHIRTS, with 4-fold Fronts and Cuffs; and Bodies of fine Longcloth, 35s. 6d. per half-doz. (to measure 2s. extra). OLD SHIRTS made good as new, with good materials in neckbands, cuffs and fronts, for 14s. the half doz.

Irish Damask Table & House Linen.

Fish Napkins, 2s. 11d. per doz. Dinner Napkins, 5s. 11d. per doz. Table Cloths, 2 yds. sq., 2s. 11d.; 2½ yds. by 3 yds., 5s. 11d. each. Kitchen Table Cloths, 11½d. each. Strong Huckaback Towels, 4s. 11d. per doz. Frilled Linen Pillow Cases, from 1s. 4½d. each. Surplice Linen, 1s. per yd. Monograms, Initials, &c., woven and embroidered.

Irish Dress Tweeds. Cream and all the fashionable tints in these most Stylish and Durable Materials.

Irish Dress Linens. The largest assortment of these Genuine Goods in the kingdom.

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CAN EASILY DIGEST AND ASSIMILATE

Neave's Food

Contains all the essentials for Flesh and Bone-forming in an exceptional degree. Over 80 years' reputation.

Assists Teething and Relieves Infantile Constipation when prepared according to the directions given,

forms A COMPLETE DIET FOR THE INFANT, THE AGED, AND THE INFIRM. Health and Strength giving.

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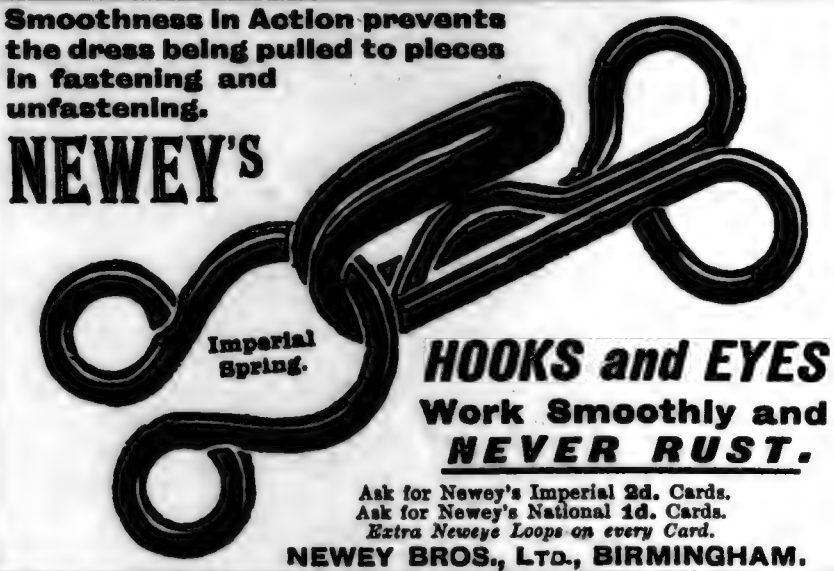

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Great Arts and Crafts Competitions are being organised in connection with *The Daily Mail* Ideal Home Exhibition to be held at Olympia, from October 9 to 24 next. There are thirty-one Competitions, and in each a gold, a silver, and a bronze medal will be awarded, in addition to diplomas.

Six Competitions are for Embroidery; three for Lace; and others for Plain Needlework, Knitting, Crochet-work, Stocking-Darning, Oil and Water-Colour Painting, Drawing, Wood Carving, China-Painting, Leather-work, Bookbinding, Poker-work, Fretwork, Basket-work, &c.

Among the authorities who will judge the entries are the Countess of Bective, Lady Llangattock, the Viscountess Molesworth, Sir James D. Linton, R.I., Sir Edward Sullivan, Mr. Alfred East, A.R.A., P.R.B.A., Mr. Alan Cole, C.B., Mr. Cyril Davenport, V.D., F.S.A., Mr. Seymour Lucas, R.A., Mr. Dudley Heath, Mr. T. R. Ablett, of the Royal Drawing Society, and Mr. Frederick A. Rhead.

Detailed particulars can be obtained on application to the Secretary, Ideal Home Exhibition, "The Daily Mail" Office, 3, Carmelite House, Tallis Street, London, E.C.

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THINGS WE MAY DO IN AUGUST.

THE earnest housekeeper finds ample work in every month of the year, if she wishes, in laying in stores for the future, and in taking advantage of the times and seasons when these stores may be most economically contrived.

It is impossible to enumerate all the things we may do in any given month, but in August there are a few opportunities which ought not to be passed over.

Now may flavouring vinegars be made, so useful in many recipes, and some of them so delicious for use with batter puddings. Now, too, we may pickle cauliflowers and red cabbages, capsicums and gherkins, cucumbers and onions. There are mushrooms, also, to pickle, and there is ketchup to be made, and we can buy the mushrooms cheaply, or gather them for nothing if we are fortunate enough to be in the country.

From the garden we may gather sweet herbs, lemon thyme, lavender, rosemary, tarragon, balm, basil, burnet, and sage, and dry them and store them in bottles. We may make Roman jelly and parsley jelly; we may bottle gooseberries, and make currant jam and jelly; we may make rhubarb jam to keep, and rhubarb wine.

It is not possible to print recipes for all the above, but some are given to-day, and others will willingly be given in Correspondence or by post if the rules printed before "Answers to Correspondents" are observed (page 42).

SOME FLAVOURED VINEGARS.

Raspberry Vinegar.—Into a large glazed earthenware jar put 3 quarts of raspberries, which must be quite ripe and of a rich colour. Pour over them 1 quart of white wine vinegar, and leave to stand for three or four days, covered with a paper to keep out the dust. Then strain all the liquid off into a basin through a jelly-bag measure, and for every pint of liquid allow 1lb of cane sugar. Put into a clean preserving-pan and stir over the fire, using a silver spoon, until the sugar has dissolved, and skim carefully. Then boil for half an hour and stir till cool, when to each quart of liquid add half a pint of brandy. Then bottle, using small bottles, and cork securely. It is to be noted that neither iron nor tin spoons or pans must be used, as these would destroy the colour.

Strawberry Vinegar.—Fill a large jam jar with strawberries (first having removed the stalks), and pour over them as much vinegar as will cover them, and fill the jar. Let it stand nine days, stirring it every day. Then strain off, and to each pint of juice add 12 ounces of cane loaf sugar. Boil until no more scums will rise; then bottle, and cork securely.

Mulberry Vinegar is not usually made, but it has an especial flavour much liked by many people, and to very many it is as novel as it is nice. To achieve it, put mulberries into an unglazed earthenware pan and cover them with vinegar, and after they have soaked for 24 hours, mash them with a wooden spoon, and leave them well covered for 24 hours more. Then bruise them again, mix them well and add a little more vinegar, and leave to stand for a week, stirring well up every day. Then strain off all the liquid, and to each pint add 1lb of cane sugar; boil up for five minutes, and bottle.

Chili and Capsicum Vinegar may be simply made by infusing the fruit in good vinegar (about two ounces to one quart) for fourteen days; then strain and bottle, and cork it and seal it very well.

There are many flower vinegars, all made in much the same way, i.e., by drying the flower petals (gathered on a dry day) in the sun, and then putting one to two ounces of them into a quart bottle of white wine vinegar. Cork well, and leave the bottle in the sun for two weeks. Then strain off and bottle in small bottles. Lavender, rosemary, and violets may all be used for vinegars for use in flavouring, and Rose Vinegar is excellent for toilet purposes. The making of the latter is simplicity's self. One ounce of rose leaves infused in a pint of white wine vinegar, with a little orris root added, until the vinegar is strongly flavoured, and then strained and bottled, will give a supply which will last a long time.

How to Make Mushroom Ketchup.—Break the mushrooms up without taking off the skin, but after wiping them with a clean bit of flannel, and put them into an earthenware crock. Sprinkle salt over them (¼lb to half a peck of mushrooms), and leave them all night in a cool oven. Strain the liquor off next day, measure it, and then boil it for a quarter of an hour. Then add, for every quart of the boiled liquor, 1oz of pepper, ½oz allspice, ½oz of ginger, and 2 blades of mace, and boil all together quickly for half an hour. Bottle when cold.

To Dry Sage and Other Herbs.—Gather the herbs on a very dry day, remove all stalks, &c., and dry at once by the side of the stove. Then rub between the hands till almost a mere dust, sift through a fine sifter, and bottle in small bottles.

Rowan Jelly.—The berries must be ripe and fresh and dry. Put them into a preserving pan with about ¼ pint of water to 1lb of berries, and simmer until the juice runs freely, mashing and stirring with a wooden spoon the while. When quite soft turn the pulp into a jelly-bag and let the juice run through, but do not squeeze the bag or the jelly will not be clear. Measure the juice, and to each pint allow 1lb of sugar and boil from forty to sixty minutes. Then put into small pots and tie down in the usual way. (Hips and haws may be used for jelly in the same way.)

Rhubarb Jam for Keeping.—Peel and cut the rhubarb into 1½ inch lengths; allow 1lb of sugar to each pound of fruit, and let fruit and sugar stand together for twenty-four hours. Drain off the juice which has run off for twenty minutes, and then add the fruit to it and boil for twenty minutes more. The addition of the grated rind and the juice of three or four lemons, or a little ginger, or some blanched and shredded almonds, is a matter of taste. Ginger should be in a muslin, and removed before the jam is put into pots.

Rhubarb Wine.—Cut up 5lb of rhubarb and mash it well with a wooden masher, pour 4 quarts of cold water over it, and let it stand 5 days, stirring it night and morning. Strain off the liquor, add to it 5lb of cane sugar, and when this is dissolved, add half an ounce of isinglass, and the rind of a lemon very thinly pared. Stand for 5 days more. When fermentation has begun to cease draw the wine off carefully without breaking the crust, and to this end it is better to make it in a jar with a tap set low down in it. Have a clean cask, scalded well, and put the wine in this, but do not cork it down for a fortnight. A gill of brandy to each gallon of wine is an improvement, and is necessary if it is to be kept. It may be bottled in 5 months, and the corks must be well wired down.

To Pickle Red Cabbage.—Remove the outer leaves and stalk of good red cabbages, and slice the remainder down very finely. Spread on a large flat dish, cover it with a good handful of salt, cover with another dish, and stand for twenty-four hours. Drain well, and dry with a clean cloth. Put into clean jars, stone or glass, and pour over, till the jar is full, good brown vinegar which has been previously boiled, with an ounce of whole pepper to each quart. See that the cabbage is well covered with vinegar; cork, and tie down.

To Pickle Cauliflowers.—Parboil the cauliflower quickly in salt and water, drain it, break into nice pieces, pack it in jars, and cover with white spiced vinegar. Cork and tie down as usual.

The recipes given above are all tried and true, and if carefully followed out will not only give substantial addition to the store-room, but will serve as examples for intelligent experimenting in wines, pickles, &c., other than those specially mentioned. Any other recipes will be given gladly in correspondence.

Letitia Hope.

"Your journal is indeed a great help to me. . . . I have to rely on a good book.—Miss D. B. (Newcastle-on-Tyne).

No. 7757 No. 7758 No. 7759

No. 7760 & 7761 No. 7762

UNDERWEAR FOR THE HOLIDAY OUTFIT.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Dressing Gown, 1s. 0½d.; *the other Models, each* 6½d., *post free, of* MADAME MYRA, *Fetter Lane, E.C.*

Descriptions of the Illustrations.

The New Directoire Bathing Dress.

No. 7717, **Page 3.** Lovely model for white serge, braided in blue. The short-waisted blouse—a back, two fronts and a vest are arranged into the broad, braided belt which closes over on the left. The full skirt is gathered into the belt, with Directoire slit on the left partly held together with buttons and cord loops. The knickers, which close in front, are mounted into a band which hooks at the back inside the blouse belt. The knees are gathered into a braided band. The blouse has a braided sailor collar. The full sleeve, on a small lining, is gathered into a braided band. 48-inch serge 5 yards. "Charlotte" bathing hat of white lawn, covering the oilskin bathing cap.

Pretty Tennis Frock of Striped Cotton.

No. 7718, **Page 6.** Skirt is cut on the free pattern, trottoir length (see page 25). When material is not wide enough, add breadths seamed up the selvedges, stripes meeting nicely. Front panel of coarse washing lace. A deep tuck or flounce, made out of cross-cut bands, trims the skirt. Pretty blouse, cut like skirt on cross—two fronts and two backs, with lace front panel. Blouse closes at back. A cross-cut doubled band passes over the shoulder. Neck is cut square, edged with the lace and filled in with a tucked chemisette of white muslin (tucked to flat pattern). Short one-piece sleeve on a smaller lining, arranged into a cuff, finished with a little under-sleeve of the lace. For the cotton, send to Robinson Brown (Department 9), The Royal Silk Warehouse, Macclesfield.

A Smart Alpaca Coat.

No. 7719, **Page 7.** Good model for white alpaca. The added basques are cut up right and left and are decorated with white silk braid. The kimona top is very smartly rucked under the arm. It has a large armhole into which the braided sleeve is arranged. The revers down the basques are cut in one with the collar, faced with white silk. Face sleeve revers with silk. The waistcoat fronts are also of silk, braided, and closing edge to edge. 46-inch alpaca, 5 yards.

Smart Gown of Shantung.

No. 7720, **Page 7.** The seven-gore skirt is braided to simulate an open tunic. Elegant kimona, pleated on shoulder (pleats wheel-marked). Braid the pretty kimona sleeve and edge low neck with a tucked band of Shantung and braiding. The tucked front drapery can be omitted if preferred. Kimona closes in front with buttons and buttonholes or hooks and worked loops. Wear over a lace or muslin blouse. 42-inch Shantung, 6 yards.

A Charming Tussore Frock.

No. 7721, **Page 8.** Five-gore skirt in "natural" tussore with pleated tablier (tucks wheelmarked on pattern). Sides and backs beneath tunic can be of light lining. Tunic in four gores, strapped all round, decorated with false buttonholes and buttons. Charming one-piece kimona fastening at back. Front and shoulders are pleated (pleats wheelmarked on pattern). Material, not being wide enough, is seamed under a pleat. Collar and sleeve revers are daintily braided in white. White cord decks the collar points. Wear over a white glacé slip with yoke and sleeve of guipure. 36-inch tussore, 8 yards.

A Lace Blouse.

No. 7722, **Page 9.** A back and two fronts of filet lace, decorated with straps of taffetas, the shoulder straps edged with frills of valenciennes. Blouse closes beneath taffetas strap decorated with small buttons. Band collar of filet net covered with valenciennes frills. One

Worth Knowing.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used Hopgood's Nutritive and Sedative Hair Cream with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

No. 7763.—A Smart Motor or Travelling Coat.

For Description see Pages 30 to 35.

Price of Paper Pattern, 1s. 0½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

"I think your Free Patterns this month are just lovely—far superior to any other journal."—Mrs. F. E. W.

Piece sleeve on a muslin lining, decorated with frills. Wear over a glacé underslip matching the lace. Taffetas bands should be coloured. 22-inch filet lace, 5 yards. Lace, if narrow, can be seamed under straps.

Embroidered Blouse of French Lawn.

No. 7723, **Page 9.** This is an exquisite model, lovely in shape and in its smart deep pleats, in its elegant lace chemisette, as well as in its exquisite embroidery, which is partly in satin stitch, partly openwork. Full size transfers of the embroidery (yoke and cuffs) can be had from Madame Myra, price, 6½d., post free. The blouse should be worn over a fitted under-slip of glacé. The pattern is in seven pieces: half the pleated front, one pleated back, one sleeve, one sleeve lining, one cuff, half the chemisette (two backs and front in one), half the chemisette collar. The pleats are wheel-marked on pattern. Lay the pattern pieces on 3¼ yards 36-inch lawn, which is opened out and is double beneath sleeve pattern, so that it is cut in duplicate. The single material is folded over (selvedges meeting), the front centre of front laid on fold so that it is cut in a single piece, cuff and back being cut in duplicate. First of all embroider front and cuffs, scalloping and working the edges which lie on the chemisette. Then arrange the pleats. Tack together front and backs, and try on. Stitch pleats. Stitch and fell seams. Hem the lower edge. Hem the backs, and close invisibly with pearl buttons and worked loops. Tuck the vest and collar to flat pattern.

Kimona Blouse of Striped Silk or Muslin.

No. 7724, **Page 9.** Each half of the kimona is in one piece, smartly pleated (pleats wheelmarked on pattern). There is a shoulder strap of black filet lace. The sleeve is arranged into a novel cuff, of plain white silk, braided in black and decorated with black filet lace. Back panel and two waistcoat fronts of the braided white silk. Chemisette of drawn-up white chiffon, with band collar folded to flat pattern. This is arranged on a semi-fitting lining of white glacé. For the muslin or silk (black-and-white stripes) send to Robinson Brown, Department 9, The Royal Silk Warehouse, Macclesfield.

No. 7764.—Smart Muslin Blouse.
For Description see Pages 30 to 35.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Blouse of Chiné Silk or Muslin.

No. 7725, **Page 9.** Box-pleated front and two backs, arranged into a square yoke. Added basque. One-piece sleeve on a smaller lining, with tucked lower sleeve (tucked to flat pattern). Neat stitching edges yoke. Detachable chemisette and collar made up to flat pattern with rows of lace. Metal buttons. 21-inch silk, 5 yards. Silk can be seamed where necessary in pleats, pattern made to meet. For the silk send to Robinson Brown, Department 9, The Royal Silk Warehouse, Macclesfield.

Matron's Seaside Coat and Skirt.

No. 7726, **Page 10.** Seven-gore trottoir skirt of Admiralty Serge, fitted above, fluted below the knees. Wear over a five-gore foundation skirt, the edge tucked to flat pattern. Close in back seam. Smart redingote—one back, two single-breasted fronts, four sides. The fronts are faced with white silk. Coat closes edge to edge with tailor hooks and eyes, decorated with cord brandenburghs of the serge colour. Face collar and cuffs with white silk. Line coat with white glacé, cut on coat pattern, but seamed apart, the edges slipstitched to coat edges and front facings. The two-piece sleeve, mounted on a similar lining, is finished with the deep cuff. 48-52-inch serge, 8 yards. For the beautiful Admiralty Serges, send to the Leigh Mills Co., Bradford.

Matron's Elegant Gown of Shantung.

No. 7727, **Page 10.** Nine-gore skirt, elegantly fitted. Kimona of the Shantung, hemstitched, with added sleeve. The front and back edges are richly braided. This is worn over an elegant blouse of lace, fronts and backs decorated with lace flouncing, which also forms the sleeve. Vest and collar band of tucked net (tucked to flat pattern). 42-inch Shantung, 8 yards.

Matron's Black Silk Mantle.

No. 7728, **Page 10.** Good model for double-width taffetas, trimmed with lace. Back and fronts are brooched together with handsome buttons beneath the added peplum sleeves. Tip

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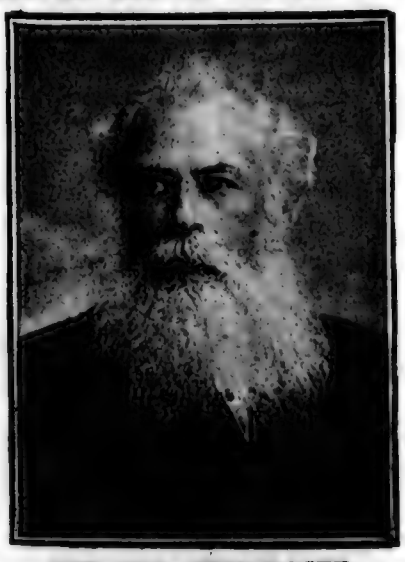

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No. 7765.—Girl's Linen Dress.
For Description see pages 30 to 35.
Price of Paper Patterns, Skirt, 1s. 0½d.; Blouse, 6½d; Kimona Overblouse, 8½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

sleeve points with tassels. Mantle need not be lined. 42-inch silk, 4½ yards. For the silk send to the Holborn Silk Market, Holborn Bars, E.C.

Boy's Viyella Suit.

No. 7729, **Page 11.** The pattern of the coat, cut for a boy of five years, is in six pieces: one double-breasted front, half the back, half the collar, one cuff, the pocket, one sleeve. Pattern of knickers in one piece. Lay the pattern on 2 yards 31-inch Viyella, which is folded in half, selvedges meeting, the centre of coat back pattern laid along the fold, so that back is cut in one piece, the other portions being cut in duplicate. Boys' garments generally close on the right. Before cutting, the length of the pattern should be laid on the boy's figure, as, to look well, the coat should reach the seat of the knickers, and young children's figures do vary so in comparative length of trunk and leg. Tack together back and fronts and try on. The fronts are faced with strips of Viyella, the lower edge is simply hemmed. The buttonholes are made down the left front. The right front holds the row of pearl buttons. The neck is finished with a white Viyella collar. The sleeve is gathered into a white Viyella cuff band. This very pretty little suit is very quickly made.

Girl's Linen Overdress.

No. 7730, **Page 11.** To be worn over any white blouses. The pinafore front is in one with the skirt tablier. Two eased circular sides finish the skirt, and two back straps finish the pinafore. Stitch the edge of pinafore and straps. Arrange the gathered sides of skirt into a linen belt, to which the back straps button. 29-inch linen for a girl of ten, 5 yards. For the linen, send to the Bradford Manufacturing Company, Dept. M. R., Bradford.

Girl's Bloomers and Blouse.

No. 7731, **Page 11.** A capital model for sea-side wear, cut for a girl of six. The bloomers are in one-piece, the legs cut-out a little, then gathered into braided bands. Good model for serge or linen. White blouse in one piece, with blue collar. Shirt sleeve with blue cuff. 42-inch serge for bloomers, ¾ yard; 29-inch linen, 2 yards.

Blouse Frock of Cotton.

No. 7732, **Page 11.** Pattern is cut for a girl of six. Skirt is in three gores. It is gathered into a band. Three piece blouse of the cotton, closing at back, the edge supplied with an elastic runner. Collar berthe of white embroidery. One-piece sleeve with embroidery cuff. Tucked vest with band collar. 29-inch zephyr, 4 yards. For the cotton send to Robinson Brown, Department 9, The Royal Silk House, Macclesfield.

Girl's Pleated Skirt and Norfolk Coat of Striped Viyella.

No. 7733, **Page 11.** Three-piece skirt, pleated, pleats wheelmarked on pattern. Smart coat—a pleated back and two pleated fronts. Face fronts with Viyella, the left facing holding the buttonholes. Leather belt passing under pleats. Face collar with Viyella. Two-piece sleeve with cuff. Cut for a girl of ten. 31-inch Viyella, 6 yards.

Girl's Linen Coat and Skirt.

No. 7734. **Page 11.** One-piece circular skirt. Loose coat—a back and two fronts and one-piece sleeve. Collar and cuff of broderie Anglaise. Face fronts with strips of linen. 29-inch linen for a girl of five, 3 yards.

An Exquisite Muslin Frock.

No. 7735, **Page 13.** Seven-gore elegant skirt of chiné muslin, hemmed with taffetas matching the floral design. It is finished with the belt of the taffetas (supported on bones). The pattern of blouse is in six pieces: one back, half the front, half the one-piece yoke, one sleeve, one sleeve lining, half the collar. Lay the pieces for muslin on 2 yards 42-45 inch muslin, which is opened out and is double beneath the sleeve and back patterns, so that each is cut in duplicate. The single material is folded over (selvedges meeting), the centre of front laid along the fold so that it is cut in one piece. The yoke is made up in rows of filet lace to flat pattern. (Cut out complete yoke in stiff paper and join the lace upon it.) The insertion can be whipped together edge to edge or can be joined by lace beading or bands of plain white muslin. The curved collar band is also made up of lace. This should be supported with fine white-cased bones and hooks at the back. Tack together backs and front. Gather into the lace yoke according to the notches, and try on. Add the appliqués of silk flowers to edge yoke. Hem the basque. Hem the back edges, and close with a few Newey's Imperial Spring Hooks (very small) and worked loops. These appliqués can be curved more or less to suit the figure of the wearer. The sleeve is arranged on the lining. The seam is made and the lower edge is decorated with frills of muslin. 42-45 inch muslin for skirt, 5 yards.

Holiday Frock of Striped Viyella.

No. 7736, **Page 14.** Seven-gore skirt with narrow tablier, the seams of which (tablier only) are lapped—lap given in the pattern. In cutting, see that stripes run straight down the centre of each breadth. Sides and backs are decorated with an added tuck—a doubled band. Large pearl buttons trim the foot of tablier. Smart Viyella blouse with detachable chemisette. Blouse has a pleated front cut with two pleated backs (pleats wheelmarked on pattern). Stripes of backs meet in V points. Neck is cut low, decorated with revers of plain Viyella. Added basque. One-piece sleeve on a smaller lining, with tucked cuff (tucked to flat pattern) of the plain Viyella. 31-inch Viyella, 10 yards. Detachable chemisette of the plain Viyella or muslin, the band collar, tucked to flat pattern, finished with a French collar of lawn.

No. 7766

No. 7767

PRETTY WASHING BLOUSES FOR YOUNG GIRLS.
For Descriptions see Pages 30 to 35.
Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

"Your (Free) Embroidered Coatee in June No. is quite the smartest I have seen."—Mrs. W. (Bath).

Yachting or Travelling Dress of Admiralty Serge.

No. 7737, **Page 15.** The skirt is pleated in a very original manner, the pleats stitched down almost to the knees. Stitched hem. Close in left tablier seam. Wear over a foundation skirt. Elegant coat to match, semi-fitting, lapped seams front and back, the seams being strapped over the shoulders. Fronts have also smart mitred cross straps. The basques are prettily rounded at lapped seams and fronts, stitched down in several rows. Line with white silk, cut on coat pattern but seamed apart, edges slip-stitched to stitched coat edges and serge front facings. Collar and cuffs are faced with silk, strapped at edge and embroidered with anchors. One-piece sleeve on a smaller lining. 48-inch serge, 8 yards.

Yachting or Sport Dress with Smart Norfolk Coat.

No. 7738, **Page 14.** For serge or tweed. Looks very well in linen. Five-gore pleated skirt (pleats wheelmarked on pattern). Pleats, alternately box-pleats and inverted box-pleats, are stitched down for a few inches. Wear over a separate foundation skirt. Smart coat—two tucked fronts, two front centres, a short added basque, two sides, two tucked sides of back, one back. The fronts and back are decorated with straps of the material passing over the shoulder. A strap hides the shoulder seam. Line with thin silk, cut on coat pattern, but seamed apart. Waistcoat is double breasted and closes with metal buttons. Two-piece sleeve, decorated with a strap. Belt of the material cessing under straps (back and front). 48-inch serge, 8 yards. For the serge, send to the Leigh Mills Company, Bradford.

A Directoire Coat and Skirt.

No. 7739. **Page 16.** Short-waisted seven-gore Directoire skirt, draped up at the sides, of aluminium grey *drap souple*, edged with grey and pink broché silk. Directoire coat of the *drap*, short-waisted, with lapped seams back and front. Face fronts (short front) with the cloth. Line with grey silk, cut on coat pattern, but seamed apart, the edges slipstitched to turned coat edges and front facings. Face collar with the broché. Elegant enamel buttons (two) closes single-breasted coat. Two-piece sleeve, very long, edged with a soft muslin frill. White muslin tie and jabot. Very elegant model. 52-inch *drap souple*, 8 yards.

No. 7768.—GIRL'S AMERICAN BLOUSE.

For Description see pages 30 to 35.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Smart Pier Gown of Chiné Muslin.

No. 7740, **Page 17.** Seven-gore full Empire skirt of muslin hemmed with taffetas and white filet lace. It is secured with hooks at back to the high waist of the blouse. Belt of the taffetas supported on bones. Lovely blouse cut in lining or white silk to close at the back. Veil top with white lace. On this mount the exquisite kimona of the muslin, in four pieces, seamed and brooched with buttons on shoulder, hemmed and strapped with taffetas. The model is beautifully draped. Under-sleeve of lace. Band collar of lace. 46-inch muslin, 7 yards, 22-inch taffetas, 3 yards.

A Gathered Princess Dress of Striped Cotton.

No. 7741, **Page 17.** A fitted lining is cut to hip in seven pieces, closing at back. On it is mounted a front and two backs of white broderie Anglaise. On this is gathered the black-and-white striped cotton, fronts and backs gathered on shoulder, fronts, backs and sides gathered at waist. Sleeve is gathered into armhole, mounted on a smaller lining. Skirt is tucked to flat pattern. Cuff of broderie Anglaise. Band collar of the broderie. Wear over a petticoat or silk foundation skirt. 36-inch cotton, 14 yards.

Charming River or Seaside Frock.

No. 7742, **Page 18.** Seven-gore skirt of cream serge, with added flounce braided with lines of blue silk braid. The costee has a back and two fronts, with braided vest of the serge. Added pleated basque. Braid edges fronts and neck, and simulates a collar. One-piece sleeve on a smaller lining, arranged into a big braided cuff. Large metal buttons. Can be carried out in linen. 48-inch serge, 7 yards.

A Pretty Linen Frock, Pleated Skirt and Kimona Overblouse.

No. 7743, **Page 19.** Seven-gore pleated skirt with wide tablier, the pleats wheelmarked on the pattern. Stitch down pleats for a few inches. Skirt is unlined and is simply hemmed. Opening in left tablier seam closes with glove stud fastenings. The overblouse has added panel back and front. The shoulder straps of broderie Anglaise outline the added panels. Front is full, gathered into a broderie yoke. Broderie edges sleeve

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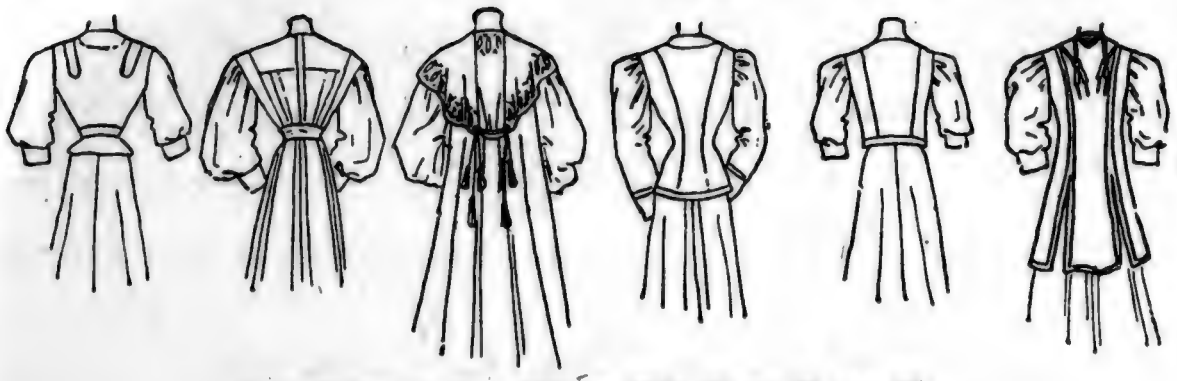

Back Views of Nos. 7750 to 7755 (Pages 22 and 23).

36-inch linen, 12 yards. Smart tucked muslin blouse decorated with frills. 36-inch muslin, 3¾ yards. For the linen send to Robinson and Cleaver, 40B, Donegall Place, Belfast.

Pretty Frock of Bordered Cotton.

No. 7744. The border, running up one sel-
Page 19. vedge, is stripped off and is used as trimming. Five-gore pleated skirt (pleats wheelmarked on pattern) hemmed and decorated with a band of border. Smart blouse—two fronts and a back, pleated, pleats wheelmarked on pattern. Neck is open, and is edged with a strip of border which runs down right front. Added basque. One-piece short sleeve on a smaller lining, with cuff of the border. Separate chemisette (with band collar) of muslin and lace. 46-inch bordered cotton, 7 yards. Belt, of silk ribbon, should match border.

A Black Picture Hat.

No. 7745, Could be worn late into the
Page 20. autumn. Of black *crin*, lined with quilling of black net. Draperies of the lace net and black ostrich feathers. Bouquet of mauve flowers on the left.

Hat of Mauve Straw.

No. 7746, A very pretty shape, decorated
Page 20. with shaded roses of all colours, chosen to harmonise with the pale mauve straw.

Straw Brim with "Charlotte" Crown.

No. 7747, Brim of burnt straw. "Charlotte"
Page 20. crown of silk, made to match the dress of taffetas. A quilling of taffetas encircles the crown like a brim, veiled with a wreath of leaves and flowers. Aigrette of the same flowers on the left.

Pleated Skirt with Braided Bolero.

No. 7748. Pretty model for navy or white
Page 21. serge. The skirt is pleated in box-pleats, but on each side there is one effective double box-pleat, next the box-pleat tablier. This is mounted into a shaped boned band of the serge, strapped or braided at the edge. Smart bolero—a back and two fronts, elegantly braided, Use silk braid, the colour of the serge, or black, with little velvet appliqués front and back. Added waistcoat fronts of the velvet. The coat can be left open, the velvet waistcoat fronts closing across each other with a single hook and loop. Smart sleeve, draped on a smaller lining, arranged into braided cuff. 48-inch serge, 7 yards.

Directoire Dress of Braided Cashmere.

No. 7749, The clinging seven-gore skirt is
Page 21, braided round the edge and up the left side (to simulate the Directoire slit). Use very fine silk braid. Smart pinafore bodice (short waisted) of the cashmere, arranged into a belt of petersham, which holds the shaped basque. The high-waisted skirt hooks to the back of the petersham belt, over which a draped satin belt is worn, draped on bones. The neck and armhole are hemmed with satin. Very smart model. Wear over any suitable muslin blouse, or one of satin, matching the belt. The blouse illustrated has a front and two backs of satin, arranged into a round yoke made up to flat pattern with folded satin, the folds held with straps of lace. Tucked collar, folded to flat pattern. One-piece sleeve on a smaller lining, with tucked cuff (made like collar). 46-inch cashmere, 6 yards.

Five-Gore Skirt and Smart Belted Coatee.

No. 7750, Pretty model for serge or linen.
Page 22. Skirt is cut in five gores. The pattern is in three pieces: half the front, one side, one back. The single notch and the double notch seams (four in all) are lapped, and the lap is given in the pattern, shown by a dotted line. Of course a turning must be allowed for the upper lap, but as a rule the under lap is left raw edge. The back seam is an ordinary one. Lay the pattern pieces on 4 yards 54-inch serge which can be reversed, thus material can be saved by reversing one of the breadths. The material is folded in half (selvedges meeting), the front centre of front of skirt being laid along the fold so that each is cut in a single piece. Tack together the five gores of the skirt according to the notches, leaving the opening in the left tablier seam, and try on. The top should fit neatly, the flutes flowing from just above the knees. Stitch and press the seams. Finish the opening with bands of silk, and close with glove studs. Bind the top with a ribbon and close with two hooks and eyes. The pocket is inserted in the opening, or is put in the foundation skirt or batiste petticoat. The skirt, finished with a stitched hem, is worn over a five-gore foundation skirt, tucked at edge to flat pattern. It can be mounted into the same waist ribbon as the skirt. Dainty little coatee with embroidered collar. A back and two fronts, with added basque. One piece gigot elbow sleeve. Face fronts with the serge. Strap the shoulders and sleeve with inch silk braid. Embroider the collar with Ososilkie Brightest Lustre yarn to match colour of braid. Embroider sleeve to match. Full size transfers of the embroidery for collar and cuffs can be had from Madame Myra, price 6½d. post free. The embroidery, very simple and effective, is mere outlining in spaced-out buttonhole stitch, filled in with a few French knots or spots in satin stitch, &c. 54-inch serge, 2 yards.

Linen or Serge Costume with Embroidered Blouse.

No. 7751, Looks beautiful in Robinson and
Page 22. Cleaver's double width white linen. Seamless pleated umbrella skirt, cut very circular, taking the width of the fabric for the length of the skirt. The pleats (wheelmarked on pattern) are stiched down for a few inches. When linen is not wide enough, seam breaths together up the selvedges. Wear over the seven-gore foundation skirt of silk moirette or sateen or over a lace-trimmed cambric petticoat. Elegant blouse of linen. The pattern is in seven pieces—half the front centre, which is cut in one with the yoke front, one back of yoke, one pleated kimona front in one with one pleated back, half the collar, one sleeve, one cuff, half the added basque. The embroidery covers front centre and complete yoke; it decks the collar and the handsome cuff. The blouse closes down the back under an added box-pleat. Kimona pleat (over sleeve) and front pleat are wheelmarked on pattern. The yoke is given in two pieces because it is easier to fit; but if the figure admits it (often the shoulder is too hollowed out) the yoke looks best in a single piece. The best plan is to cut the yoke patterns in muslin, and try on, so that the complete yoke can be cut in one from the corrected pattern. But some figures require a distinct hollow for a fit, and in that case a seam is preferable. The embroidery, all in one piece, worked over the seams, hides them. The yoke and strap should be lined with batiste. It is better also to line collar and cuff with the same. Arrange fronts and backs into the embroidered yoke and front centre according to the notches, felling the lining over the seam. Hem the backs, put on the buttons, make the buttonholes and over them mount the added box-pleat. Hem the basque. The collar closes with Newey's Imperial Spring Hooks and worked loops. Seam the sleeves. Slit the sleeves for two inches for an opening, hem the edges and gather into the lined cuff according to the notches. Double width material, 6 yards.

A Dainty Dust Wrap.

No. 7752. To throw over a smart afternoon
Page 22. gown of muslin, &c.; for driving, &c. Made of cream Sicilienne alpaca, only lined to hip. Two backs, two fronts, with added "swing back" centre of back. Face fronts with strips of alpaca. Large two-piece collar, unlined, decorated with lace *motifs;* backs laced together with cord. Beautiful pleated sleeve (pleats wheelmarked) on a smaller lining of white silk. 46-inch alpaca, 6 yards.

Tailor Gown of Shepherd's Plaid.

No. 7753, The pattern of four-gore skirt is in
Page 23. two pieces: one front, one back. There is a seam back and front, and another seam up each side. The skirt, which can be long enough to touch the ground, flutes handsomely and has an inverted box-pleat in front, hiding the front seam. The hips fit neatly, fit being assisted by a small dart, wheelmarked, like the inverted pleat, on the pattern. Lay the pattern pieces on 4 yards, 48-inch material, which is opened out and is doubled, so that the pattern is cut in duplicate. In cutting see that stripes run straight down front edge of front breadth, and down centre of back breadth. Tack the darts, also front and back seams, leaving the opening at the back seam (only very slim figures can stand having the opening in the front pleat). Arrange the pleat, and try on. Stitch and press the seam, replace the pleat and press well. Turn up the hem and mark it. Sew on the straps of black silk braid as shown in the illustration. The opening edges are stitched and finished with felled strips of silk. They close with small glove studs. The top is bound with a bias band of zephyr, and closes with two hooks and eyes. The skirt is worn over a moirette foundation skirt. The hem is felled invisibly from the back (the French hem) over a band of lino. Pretty "cut-away" coat. Front centres of coat (lapped seams) are finished with front sides. The back has also lapped seams. There are two side pieces also on each side. Revers are cut with fronts. Face fronts with the material, interlined with canvas. There is a slip-stitched facing of white moire to revers, edged with the black silk braid. Coat closes with two buttons. Face collar to match the revers. The edge of coat is turned over a band of canvas, and is edged with the braid. Line coat with silk, cut on coat pattern, but seamed apart, slipstitched to stitched coat edges and front facings. Two-piece sleeve with braid-trimmed wrist. 48-inch material, 2¾ yards.

Back Views of Three of Our Four Free Patterns.

"I am delighted with your journal and shall take it regularly."—H. P.

Elegant Design for Striped Fabrics.

No. 7754, In both coat and skirt stripes
Page 23. are fitted together with beautiful effect. Splendid design for striped alpaca, summer tweed, &c. The skirt is seamed front and back. The gores are cut on the cross, so that at each seam the stripes meet in V points, giving a "herring-bone" effect, and the seams are piped with black satin. At the edge is a cross-cut band of the material piped with black satin. The skirt can be lined with silk or moirette, seamed apart, but hemmed together. Or a separate underskirt can be worn, in seven gores, seamed and hemmed apart, the edge decorated with a few tucks (tuck to flat pattern). The two skirts are mounted together at the back opening and at the waist. Of double-width "reversible" fabrics, 5 yards will be required, and then the breadths must be interlaced, up-and-down—a non-reversible fabric, with distinct up and-down, would take more material. In stripe fabrics, however, it is always possible to be economical, as extra corners can be seamed on up the selvedges, which do not show at all if the stripes are made to meet nicely. Charming little sacque coat. This coat is the favourite and smartest type of short coat, with or without waistcoat. The waistcoat fronts of white silk close edge to edge with hooks and eyes, decorated with b ack silk buttons. There is a two-piece back, two sides, two two-piece fronts, two waistcoat fronts. Collar is cut with coat fronts, but back is added. Coat is most smartly strapped with black silk braid or rouleaux of black satin. One-piece sleeve arranged into a braided cuff. Double-width material, 2½ yards.

Tailor Gown with Elegant Coat.

No. 7755, Good model for fine summer
Page 23. tweed, thin face cloth, or Sicilienne alpaca. Coat has the new open seams back and front, edged with the silk braid which passes over the shoulders. Very smart model. Added straps of braid tipped with tassels. Two-p'ece sleeve, braided to simulate a cuff. Pretty little velvet collar, slipstitched on coat, edged with the braid which trims the front. Seven-gore clinging skirt "Directoire" of the cloth which builds the coat. 52-in. material, 7 yards. Costume looks well with taffetas coat and cloth skirt of the same colour.

A Chemise of Cream Nun's Veiling.

No. 7757, Yoke is made up to flat pattern,
Page 29. with woollen torchon insertion, edged with ribbon-threaded beading. There is a back and front of nainsook. Edge neck and armhole with torchon lace. 42-inch veiling, 3 yards.

Empire Dressing Gown.

No. 7758, Cut in six pieces, gathered at high
Page 29. waist by a ribbon-threaded beading. Tuck lower edge to flat pattern. Good model for mousseline de laine. Smart fichu of white muslin, edged with lace. Wing sleeve, tucked to flat pattern, edged lace. 29-inch material, 11 yards.

Cache-Corset of Nun's Veiling.

No. 7759, Yoke is made up to flat pattern
Page 29. with woollen torchon insertion, edged with ribbon-threaded beading. There is a back and two fronts, box-pleat cut with right front. Added basque. 42-inch veiling, 1 yard. To match No. 7757. Torchon edges, neck, and armhole.

Combination in Nun's Veiling.

No. 7760, To match Nos. 7757 and 7759. The
Page 29. yoke is made up to flat pattern with the insertion. An added strap holds the buttonholes. The wide French legs are trimmed with lace and a frill of the veiling. 42-inch material, 5 yards.

French Drawers of Nun's Veiling.

No. 7761, To match Nos. 7757, 7759, 7760.
Page 29. The backs are crossed, finished with false hems. The top is arranged into a lined shaped band, cut low in front. Smart leg frill, trimmed with torchon lace. 42-inch material, 3 yards.

Nightdress of Nun's Veiling.

No. 7762, Three-piece yoke, make up to flat
Page 29. pattern with embroidered veiling and torchon insertion. It is drawn up with ribbon-threaded beading, and is edged with torchon. Back yoke can be of the veiling. Into this is gathered a back and a front of veiling. The front is slit for an opening. Close with buttons, the buttonholes made in an underfold of the veiling, the yoke closing with worked loops. Full one-piece sleeve with lace cuff band and lace-trimmed frill. 42-inch veiling, 6½ yards.

Smart Motor or Travelling Coat.

No. 7763, Good model for serge or tweed.
Page 30. Fronts are double-breasted, faced with the material. The full sleeve is mounted into the large armhole with a lapped seam. Velvet collar, edged braid. If unlined, seams and facing edge are bound for neatness. 52-inch material, 6 yards.

A Smart Muslin Blouse.

No. 7764, The yoke is made up of cluny
Page 31. lace insertion; the medallions which deck yoke are of filet or guipure lace. The pattern is in six pieces: one back, half the front, half the one piece yoke, one sleeve, one sleeve lining, half the collar. Lay the front, back, and sleeve patterns on 2 yards 42-45-inch material, which is opened out and is double beneath the full sleeve and back patterns, so that each is cut in duplicate. The single material is folded over (selvedges meeting), the centre of front laid along the fold so that it is cut in one piece. The yoke is made up in rows to flat pattern. (Cut out complete yoke in stiff paper and join the lace upon it.) The insertion can be whipped together edge to edge, or can be joined by lace beading or tucks of the muslin. The curved collar band is of muslin. This is draped to flat pattern on fine white-cased bones and hooks at the back. Tack together backs and front. Gather into the lace yoke according to the notches, and try on. Hem the basque. Hem the back edges, and close with a few Newey's Imperial Spring Hooks (very small) and worked loops. A feature is the lovely frill which edges the very deep front yoke beneath a a row of lace medallions. These medallions can be curved more or less to suit the figure of the wearer. Sleeve is draped on a smaller lining, and

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is edged with a lace frill. Wear over a glacé under-slip.

Girl's Linen Frock.

No. 7765, Page 32. The skirt is very pretty—a one-piece umbrella, cut out of Robinson and Cleaver's 72-inch white linen. In front are two box-pleats (wheelmarked on the pattern). Smart overblouse of linen, cut in one piece, the kimona sleeve joined on by little linen straps. Strap or stitch the edges. The pointed ends are secured to a stitched linen belt with buttons. 72-inch linen, 4 yards. Blouse of muslin with tucked yoke and collar (tucked to flat pattern).

Girl's Strapped Linen Blouse.

No. 7766, Page 32. Very pretty model. Yoke is of coarse guipure. The backs and fronts of linen are strapped, two straps back and front having mitred ends secured to the yoke. A broad ribbon is passed under the straps. Lace band collar. The sleeve is arranged into a long tight lower sleeve. 36-inch linen, 3¾ yards.

Girl's Blouse of Plain and Embroidered Lawn.

No. 7767, Page 32. Front and backs are tucked to form a yoke. Band collar tucked to flat pattern. On blouse is mounted a smart kimona-yoke arrangement of broderie anglaise, strapped at the edges. One-piece sleeve of the plain lawn with broderie cuff. 36-inch lawn, 3½ yards; 22-inch broderie, 2 yards.

Girl's American Blouse.

No. 7768, Page 33. This looks very pretty in white nun's veiling or crêpe de chine, decorated with narrow silk braid on collar and cuffs. The pattern, cut for a girl of eight, is in four pieces: half the back and the right front cut in on, one sleeve, half the collar, one cuff. The diagram shows the pattern pieces laid on 1¼ yards 48-inch material, which is folded in half, selvedges meeting. The back centre of pattern is laid along the fold, so that blouse is cut in one piece. The left front, of course, is cut without the box-pleat. For narrower materials the box-pleat must be added and a false hem made to the left front. The box-pleat is wheelmarked on the pattern. Tack the shoulder seams. Arrange the box-pleat. Try on. Sew the seams. Secure the pleat by stitching down or else tacking the folds inside. Hem the left front. Hem the lower edge, and run through the hem a tape or elastic to gather the blouse over the skirt belt. Braid and line the collar. Sew it to the neck, felling the lining over the neck seam. Buttonholes are made down the box-pleat, and round gilt buttons are sewn down the left front. A tie of white or yellow silk is worn. The sleeve is seamed. The centre is slit for two inches and hemmed for an opening. The edge is gathered into the braided and lined cuff, the lining felled over the gathered edge. The cuff closes with a buttonhole and a metal button. This blouse looks very pretty in Organdi muslin, lawn, or linen.

Details for the Holiday Outfit.

Nos. 7768 to 7773, Page 40. No. 7768 is a tucked neck ruffle of white tulle, with big white satin bow. No. 7769 is a novel scarf or shoulder cape of white crêpe de chine, edged with silk ball fringe. It is gathered on each side, where it is held to the blouse with ornamental safety pins. No. 7770 is a Directoire waistcoat of broché (with silk lining back) edged with velvet ribbon, to wear under various open coats or bodices. No. 7771 is another tucked ruffle of white silk muslin embroidered in black, and with black tassels. No. 7772 is a pretty kimona bolero to wear over blouses, made of black lace net or lace insertion, and a trellis of black velvet ribbon. No. 7773 shows how to use an oddment of silk ribbon and three tassels.

EMPLOYMENT BUREAU.

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LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed.

No. 616.—Coats and skirts. Day and evening gowns. Blouses. Underskirts. Renovations, &c. Costumes from 10s. 6d. (St. John's Wood).

No. 593.—Thoroughly experienced dressmaker. Ladies' and children's things. Tailoring. Evening gowns. (Shepherd's Bush).

Fo. 541.—Dressmaker. Day and evening gowns. Children's things. Experienced. Reliable.

No. 528.—All kinds of fancy work. Ladies' materials worked up cheaply. Bazaar and bride's parcels a specialty. Lovely stock collars. Embroidered lace.

No. 531.—Furs altered, re-lined, repaired. Reasonable charges. References.

No. 372.—Ladies' blouses from 2s. 3d. Ladies' and children's underwear; boys' suits. Will cut down, turn, and renovate. Recommended.

No. 577.—Dressmaking at home or ladies' houses. Remodelling. Moderate charges. (W.)

No. 570.—Dressmaking lessons. On L.C.C. list of approved teachers. Guerre method. First class diploma. Tailor and Cutter Academy. Dressmaking done. Own models executed. (Harringay, N.)

No. 542.—Dressmaker at ladies' houses, or ladies' materials. Good style and fit. Terms moderate.

No. 381.—Costumes complete, or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 594.—Competent practical milliner. Blouses, underwear, cross-stitch marking, &c. (S.E.)

No. 635.—Wanted, post as cutter and fitter in a good-class business. Could take entire management.

No. 636.—Dressmaker with small private income, wishes to join in quiet business.

No. 637.—Wanted bodice hand for high-class private business. Temporary or permanent. Live in. (Surrey.)

No. 638.—Young lady who holds a certificate of the Ecole Professionelle, Brussels, wishes to enter a high-class private dressmaker's (West-end) to learn the business.

No. 639.—Wanted, experienced dressmaker, able to cut out and fit and to manage the workroom. Could live in. (S.W.)

No. 640.—Wanted to assist lady in any light business—dressmaking, library, agency, &c. Good home essential. South coast or country town preferred.

No. 641.—Dressmaker at ladies' houses or at home. Experienced. (S.W.)

No. 642.—Wanted to meet with superior person with a fairly good business who would consider some hours daily work at domestic duties (cooking, &c.) as equivalent to giving instruction and a thorough into dressmaking in all branches.

No. 643.—Dressmaker would be glad to join milliner. Healthy place about 30 miles from London desired.

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Poster Drawing (Miss R.).—I am almost afraid you are too far away to take up this work. There is an admirable article on the subject in the catalogue of the "What to Do With Our Girls" Exhibition—which I mention above—by Mr. Hassall. He says, "The composition of a poster is of the utmost importance. It should be bold and convincing, not overcrowded with detail, and, above all, in the commercial poster it should lead one's eye direct to the article advertised . . although poster work may give lucrative employment to the artist and designer, it is not everyone who can attune themselves to its special requirements. Energy, originality, and ability are essential to success." . . . Which last applies to most things. There is a school in Kensington where Mr. Hassall gives lessons; I can give you the address if you wish, but I fear it is not much use as you cannot leave Yorkshire.

Dressmaker at St. John's Wood (F.).—Notice received.

Stock-keeper Wanted (L. A. F.).—I have put a notice in for you. Names and addresses are never published in this Bureau. I have no doubt we shall be able to find someone suitable for you.

Post Wanted as Cutter and Fitter.—I have had one or two applications for a worker like yourself, so I think we shall be able to find something for you. I am putting a notice in for you, which no doubt will yield useful results. I am glad you approve so highly of our Bureau. Yes, all my readers endorse what you say about its helpfulness.

Dressmaker at Ladies' Houses (Miss L.).—The lady whom I told you about has employed someone, whose name I gave also, and this worker has, I am glad to say, given entire satisfaction. She was a good deal nearer to the lady's house than yours, but you may be sure I will not forget you

Costumes (Fellicitee).—Notice duly received.

Partnership Wanted (Mrs. S.).—I was glad to hear from you and to learn what you had done. Curiously enough I heard, almost at the same time, from my other correspondent. It is a most beautiful and healthy place. I have put another of my correspondents in communication with her, so very possibly they may arrange something. I think I had better put a notice in for you about a milliner partner, as these things naturally take some time to arrange. Anyway, let me know what you do.

Work to be Done (Miss A. D.).—I sent in your letters at once, and should you not arrange with these particular workers, I can give you many other addresses of first-class needlewomen. If you do employ them, I should be glad to know if they give satisfaction. I think they would be quite willing to send specimens of their work if you paid postage both ways.

Ladies' Tailor and Dressmaker (J. J. C.).—I have certainly not forgotten you, and I have given your name to various people, and I will do so again when occasion offers.

Dressmaker (E. S., Balham).—I sent on the letter you enclosed at once, and I am putting you on my Register. I should be glad to know what results from your application.

Post Wanted (M. S.)—I have read your letter with interest, and I think what you say most sensible. It is well to get an all-round knowledge, but the cleverest dressmakers are bound to be better at one thing than another. If you will send me a stamped envelope, to be forwarded with the particulars you have given me, I will send it on to a correspondent, who might come to terms with you, I think. I trust we shall be able to find something suitable for you.

Needlework (M. L. R.).—I notice what you say, but all the same, I advise you not to refuse any work that may come your way. That is the way to spoil a connection.

Partnership Wanted (A. S.).—I could not understand your card saying you had received no answer from me, as I replied to you by return. However, I am glad to hear that you have solved the mystery. I wrote to you again sending you particulars of an opening which I thought might suit you, and I now learn that you are going down to see the place—which I know personally to be charming. I think it is what you want, and I shall hope to hear you and my correspondent have come to terms. I have also heard from her about it.

Letter for Work Society (A. E. P.).—I sent on your letter and should be glad to hear that you are working for the society.

Notices Received.—J. D., Harringay, and U. S., Fulham.

(*Continued on page 42.*)

"Your patterns are all so well cut, it is always a pleasure to use them."—C. L. G.

PERSONAL APPEARANCE.

HOW TO MAKE IT MORE ATTRACTIVE.

By MISTRESS ANNIE PAGE.

WOMEN of all classes are becoming more and more awakened to the fact that beauty of face is greatly enhanced by really well-dressed hair, and that any exaggeration of a prevailing fashion tends to detract from it. It is, therefore, a good thing, whenever it is possible, especially for women in business, whose success depends to such a large extent on the attractiveness of their personal appearance, to take a few lessons in hairdressing from an artist like Tarlita, at 77, New Bond Street, W., who will select the most suitable style in every case, one that will give the necessary breadth when the face is long and narrow, or height when it is round and full; and so on, in every instance making the coiffure the means of adding grace and dignity to the features as well as to the whole of the person.

A New and Most Becoming Transformation at Tarlita's.

But to be able to effect a successful dressing, the hair itself should be luxuriant, of good colour, wavy, and lustrous. These conditions are fulfilled by very few; yet, if the scalp is treated every night, first with a good tonic such as "Tarlita's Special Lotion" (it is dispensed for each client by the above eminent hair-specialist according to whether her hair is just of the ordinary kind, or too dry, too moist, or unnaturally greasy) and then massaged with finger-tapping and friction, new hair will steadily grow, and what is there already will become more lustrous and a richer colour.

Of course, this will take some time, but while it is coming to pass a woman who knows the value of her personal appearance should wear one of Tarlita's very lightly made transformations which will appear to be perfectly natural. It may be that it is only her front hair that is thin, while that at the back is sufficiently thick to dress nicely, and in this case a semi-transformation, reaching from ear to ear is all that will be required. It should have some long hair that can easily be dressed in with that which is growing, and then no tales will be told!

If the quantity of hair is poor and the face is rather thin, the hair should be well waved with Tarlita's Ruban Ondulateurs (only to be obtained at the above address), which will not further impoverish it; and it should be dressed very full at the sides. This effect can be gained without pads or a frame, or even "French combing" or fluffing the hair back, but by means of a pair of horn or tortoise-shell Zaza combs, which are to be obtained at the same place, and which, while serving their purpose without injuring the hair, will also be very decorative.

Tarlita's Ruban Ondulateur Considerably Beautifies the Hair.

If the face is full and broad the hair should be dressed only moderately full at the sides, and the coiffure should be completed by the addition of a small cluster of Tarlita's Empire Puffs placed high on the crown of the head. On the contrary, women to whom a low dressing is more becoming should place those puffs down at the back, their lowest pinnings being about an inch off the hairline at the nape of the neck, putting an ornamental comb above them. Usually this style suits a tall woman with an elegant and very upright figure. But as I have said before, every woman who can do so should pay a visit to 77, New Bond Street, W., and take Mons. or Mme. Tarlita's advice on this important subject of a suitable coiffure.

AT MADAME TUSSAUD'S.

I gladly accepted the invitation of Madame Tussaud and Sons to see the new group of the famous Suffragette leaders—four of the ablest women of Great Britain—a group which has drawn crowds of sightseers. The excellent wax portraits of Mrs. Pankhurst, of her gifted young daughter, Christabel, of Mrs. Pethick Lawrence, and of Miss Annie Kenny have been executed from life by the practised hand of Mr. John T. Tussaud, and the effigies are clothed in exact reproductions of costumes once worn by the sitters. Mrs. Pethick Lawrence's effigy is wearing a copy of the beautiful artistic gown of black velvet and old lace, which, with its dainty under-bodice of pure white satin, she was wearing when I was first struck by her stirring personality on the platform at Caxton Hall nearly two years ago. Miss Christabel Pankhurst's likeness is a very good one, though, when people are exceptionally clever, the still fixed look of a modelled face leaves a sense of want in the onlooker who remembers the constantly varying expression, the flashing glances, the constant rise and ebb of the blood beneath an exceptionally pure and fresh complexion, changes adding to the superb speeches of one, who, though young, has been rightly called, more than once, "the greatest orator of the age." Crowds of holiday makers will go and see this group of women whose abilities and high genius are the talk of club and drawing-room alike. Madame Tussaud's famous exhibition in the Marylebone Road (close to Baker Street Station) is always specially attractive to the holiday makers who throng London in August and September to see the glories of London Town.

"I shall in future take 'Myra's Journal' in preference to any other."—Miss O. H.

Health and Beauty.

By MISTRESS ANNE PAGE

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Anita.—Your swollen and painful joints tell of rheumatic-gout in your system that would be cured by a course of Clarke's Blood Mixture, which is sold for 2s. 9d. a bottle by all chemists. You should not eat potatoes, rhubarb, apples, peas, broad beans, nor the stalky parts of any vegetables. Tea is bad for you, and so are most of the alcoholic beverages. A little whisky of the kind specially distilled for the gouty by Messrs. Callard and Co., Invalid Food Specialists, 78, Regent Street, W., may help your food to digest; but Barley Water made from Robinson's Patent Barley, and with fresh lemon juice added to it, will be the best thing you can drink, and you should take about three pints of this during the day. The treatment known as Osteopathy (I can give you the address of the premier practitioner of this if you care to have it, and will send me a stamped envelope addressed to yourself for it) would soon reduce the ugly knuckles of your hands to a beautiful shape.

Getting On.—If you can spare 8s. 6d. for Dr. Harlan's Hygeia Complexion Mask, I advise you to send for it to the Manager, the M.-Highwater Laboratory Co., 1-118, Exchange Building, Southwark, London, and to wear this three times a week for about six weeks. It will take all that dry and coarse look out of your skin, and permanently restore your fresh and young-looking complexion that has been almost ruined by the hard water and by the enforced use of dry face powder.

La Contessa.—A beautiful cream for removing all discoloration from the skin, whitening it, and preventing, as well as eradicating, wrinkles, is the Crême Suprême, which is sold for 2s. 9d. (post free here) by Mr. Mason, 25, Bank Plain, Norwich. If you will ask Mr. Mason to send you a supply of this, and to include with it, free of extra charge, his illustrated book on "Face Massage and the Care of the Complexion," you will not have the least difficulty in treating yourself on the soundest lines of beauty-culture.

Riva.—(1) Pearly teeth are as essential to beauty as a good complexion, and you can gain and maintain this point of fascination, and at the same time have firm pink gums, and such a sweet breath, by using, night and morning, the Oatine Antiseptic Tooth Paste, which is sold for 1s. 6d. by all chemists, and of which you can now have a sample tube, together with several samples of other delightful toilet preparations, by sending three penny stamps and your address to the Oatine Company, 136, Denman Street, London, S.E. (2) Sometimes indigestion causes the breath to become malodorous, and you can quite cure yourself of this by taking Whelpton's Vegetable Purifying Pills, which are sold by chemists everywhere. (3) You should not drink tea if you suffer from indigestion, but should subsitute Plasmon Cocoa (any grocer can supply you with this) for it, because this aids digestion, and is so much more nourishing.

Mollie W.—(1) A most satisfactory stays for those who are inclined to be too stout is the R.S. Patent Reducing Corset (sent post free for 10s. 6d. on receipt of remittance and measure of waist, by R. Scales and Co., Corset Manufacturers, Newark-on-Trent), which at once improves and supports the figure, and gradually reduces it to slender proportions. I advise you to get this, and to wear it daily until you are as slim as you would like to be. (2) If you are too stout all over, arms and face, as well as figure, you should take a course of Dr. Ritter's Specific for Obesity, very tiny tasteless capsules, sent for 2s. 6d. a case by Dr. O. E. Horn, D.Sc., 4, Bryanston Road, Talbot Park, Bournemouth. This is quite safe to take, and does its work reliably and permanently.

Katerine.—Influenza is indeed very depressing in its effects, and only by paying the strictest attention to the general health, and keeping the strength well up, can future attacks of it be prevented. Take a tepid bath, made invigorating by the addition of the Aromatic Bath Salts, which are sold for 1s. 6d. a bottle by Mr. Mason, 25, Bank Plain, Norwich, every morning, and after it, when you have dried yourself with towels, rub yourself all over with your hands, back and front. This will stimulate your circulation, and help your skin to maintain a more equable temperature. Let your food be of the most nourishing, and add Plasmon Powder to soups, milk puddings, porridge, and other soft things. Take half a wineglass of Coleman's Wincarnis three times a day (you can have a free sample of this by filling in the coupon that appears on page 33 of our June issue, and sending it to Messrs. Coleman and Co., Wincarnis Works, Norwich), and the last thing at night have a breakfastcupful of Neave's Food, which will maintain your nourishment during the hours you are asleep, and help you to get restful sleep, too. It is too long a time between your dinner and breakfast next day for you to go without nutriment now that you are so weakened by influenza. Do not eat much red meat, and do not have any salted or dried foods. Wholemeal bread will be more strengthening than the fine white kind. I shall be glad to hear that you are feeling better, and that you have begun to practice the deep-breathing exercises in the fresh air that you have been told, and rightly, are so good for everybody.

Iris.—Many doctors agree that it is not wise for a delicate woman who does not eat a large amount at her meals to go without food from a somewhat early evening dinner or supper until breakfast next morning, and I am sure you will be wise to give your mother a cup of Neave's food (to be obtained from any chemist), or something of that class which is nourishing but very easily digested, the last thing, after she gets into bed, before her lights are turned off. She will sleep more restfully and healthfully, and she will awake in the morning without "the usual headache" of which you speak.

Lettice.—Have you tried exercises for the improvement of your figure? There are many, quite easy to do, but that would develop beauty in your bust in a book called "Beauty of Figure," by Deborah Primrose (published by Wm. Heinemann, London, at 2s. 6d., and to be obtained now through any bookseller), and I advise you to get this and begin with the deep-breathing lessons in one of the early chapters, doing these exercises the first thing in the morning before an opened window, and before you put on your corsets. The Temple Nerve and Flesh Food will also quickly beautify your figure, and at the same time give you youthful outlines, and such a pretty complexion. For particulars of this write to Madame F. D. Temple, the Temple Association (Dept. 94), 8, Blenheim Street, Bond Street, London, W., who will send you the information for which you ask in a private envelope, which you should stamp and fully address to yourself, and forward to her.

Yolande.—A first baby generally causes its mother a lot of anxiety, so you are only one among thousands of other women who feel what a responsibility the little one is, though she brings a whole worldful of love with her. Send to Mr. Alfred Fennings, Cowes, Isle of Wight, for a copy of his "Every Mother's Book" (he will send it you free of charge if you say you are a reader of Myra's Journal), and you will get such a lot of really useful and helpful information. You are quite right to feed her naturally, but you must keep your own strength by taking Plasmon.

Winch.—No, it is not my department, but knowing how difficult it is to get one's own materials converted into dainty blouses in a village, I am glad to tell you that Madame Course, Blouse Specialist, Rushden, Northants, will do this work beautifully for you, and at a most reasonable charge. Blouses made from her own materials cost from 10s. 6d., so this will give you an idea. She was a young lady who, on finding that she must earn her own living, decided that she would learn how to make better and prettier blouses than anybody else, and now she makes them so charmingly that ladies are sending to her from all parts of the world.

Agnes.—As your skin has become so harsh and dry and wrinkled during your residence abroad, you should get from the M-Highwater Laboratory Company, 1-118, Exchange Building, Southwark, London, a Hygeia Complexion Mask, and wear this during the night for a time. It is as thin as silk, but of a specially medicated tissue that is as elastic as the skin, and there are apertures for eyes, nostrils, and mouth. It is quite easy to put on, and can be taken off in a second, and the result of wearing it nightly for a few weeks will be to make your complexion as clear and smooth as it was before you left England the first time.

Olive.—As your bulkiness is mainly confined to your abdomen and hips, the easiest way of successfully reducing it would be by means of the "Ganesh Reducing Strap for Reducing the Figure below the Waist, Restoring and Preserving a Youthful Contour, and Strengthening and Invigorating the whole Body." This is one of the clever inventions of that eminent beauty-culturist, Mrs. Adair, 92, New Bond Street, London, W., from whom alone it can be obtained. You can wear it at night, or during the day under your corsets, as it is very supporting, and it at once makes the figure look trimmer and smaller. Mrs. Adair also makes some most lovely corsets that at once give elegance to the figure, and though they exercise no undue compression, they have the effect of making the waist look small and round, and of reducing the apparent size of waist and hips. You really ought to try to take more walking exercise every day, but at least you should practise deep breathing every morning before a widely-opened window, and after five minutes of this, give ten minutes to exercises that make you bend from the waist backwards, forwards, and sideways, with your hands (thumbs backward, fingers to the front) placed on your hips, your heels together, and your knees kept rigid. You will see exactly how to do all these exercises, and many more, that will greatly improve your figure, and your health at the same time, in a book called "Beauty of Figure," by Deborah Primrose, which all booksellers supply now, and the price of which is 2s. 6d. It is published by Heinemann, London.

"Myra's Journal is the best fashion book one can buy, and the Free Patterns are lovely."—M. Y. A.

Thin Grey Falling HAIR
WILL RAPIDLY BECOME
Thick Rich Luxuriant

not by massaging or rubbing the scalp, but by first killing the harmful germs which are feeding upon and thus destroying the hair roots, and then nourishing the hair roots so that they become stronger, are soon firmly fastened to the lowest layers of the scalp, when the hair rapidly increases in length, thickness, and colour, through the new and vigorous growth which results from the life-giving rich red blood produced by taking

CAPSULOIDS.

The Late SIR WILLIAM BROADBENT (Late Physician to the King).

Every atom of the nourishment and colouring matter is drawn by the roots from the blood. Rubbing and massaging are useless, yes, even harmful.

Read the endorsement of these facts from

THE POPULAR MEDICAL WORK

EDITED BY THE LATE

Sir WM. BROADBENT, Bart.,

Late Physician to the King.

Read this eminent authority carefully :—

"At the onset it should be stated that "the application of alcoholic hair tonics "(and most of the widely advertised "remedies of this kind contain larger "or smaller amounts of alcohol) is absolutely out of place. Such remedies "are extremely harmful, since they only tend to dry the scalp in conse-"quence of the evaporation of the alcohol.

"The colour of the hair is due to a certain pigment derived from the "colouring matter of the blood."

Thus we have the highest possible endorsement of the Capsuloid treatment.

The slightest derangement in the blood is shown in the complexion, often in the digestion and general health, and above all in the hair roots. The germs multiply and feed upon them. They do this so quickly that if the hair roots are to be saved, the colour of the hair preserved, and falling out prevented, the germs must be quickly killed. There is no time to waste in useless rubbing and experimenting. Act upon the highest authority, take Capsuloids immediately. When Capsuloids are taken they are dissolved in the stomach, and day by day pass into the blood. The all important red blood corpuscles are increased in numbers and quality, so that the blood contains all the colouring matter, oxygen, nourishment, &c., which make it the life-giving fluid required by Nature for the destruction of the harmful germs, the nourishment of the hair roots, the restoration of the colour, health and thickness of the hair, and when such blood is supplied to the hair, the complexion, and indeed the whole system quickly benefits from the effect, thus the only remedy which is endorsed by eminent authority, and which has been substantiated by thousands of persons who have taken them is

CAPSULOIDS.

From all Chemists, or from ourselves, price 2/3 per box. Special Sample given when this coupon is enclosed and Three Boxes are ordered direct from us. Larger Sample with Six.

Send for valuable FREE HAIR BOOKLET, which gives full EXPLANATIONS. Call and have your Hair Examined Free between 10 to 2 and 3 to 5.

THE CAPSULOID CO., Ltd, 47, Holborn Viaduct, LONDON, E.C.

COUPON.

MYRA'S JOURNAL.

August, 1908.

TO LOOK YOUNG

The appearance of youth with many women is largely a matter of skin treatment.

It is easy to look young if you use Oatine Face Cream, because it restores the skin to its natural healthy condition. It cleanses the clogged pores of harmful dust and secretions. Made from the finest essence of oats, Oatine is free from animal or mineral fats; does not grow hair.

Of all chemists, 1/3 a jar, or larger size, four times the quantity, 2/6. Save the Coupon from each jar—it represents cash.

OATINE FACE CREAM

A FREE SAMPLE of Oatine Cream will be sent on application, or for 3d. in stamps a box containing 8 of the Oatine Preparations, and a Book on Face Massage.

THE OATINE CO., 136a, Denman St., London, S.E.

COMFORT

Thompson's Original Comfort for the Feet Corn Plaster quickly cures Corns, Bunions and Enlarged Toe-Joints. Thin as Silk, never fails. Packets, post free, 1/2.

NERVETONINE

THEN THERE'S LIFE IN'T.—Shakespeare.

A vital truth respecting **NERVETONINE**, literally the Vitaliser, par excellence, in cases of Depression, Sleeplessness, Indigestion, Tired Feelings, and all other such causes and effects of Nerve impairment. Bottles, post free, 1/10, 2/10 and 4/8.

From M. F. THOMPSON, Homœopath, 17, Gordon St., Glasgow.

DESIGNS FOR

POKER WORK

by the well-known Artist,

GEORGE C. HAITE.

13 Beautiful Designs

including PIANO FRONT, PANELS for SCREENS, PANELS for DOORS, TABLE TOP, PHOTO FRAMES, BELLOWS, MIRROR and PICTURE FRAMES, STOOL TOP, BORDER.

Sent Post Free for Five Shillings.

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2/- INSURES YOUR COMPLEXION

Dr. HARLAN'S

BEAUTY-CUP MASSAGE

For the Face, Neck, Arms and Body.

"No woman who owns one of these wonderful little Cups need have any fear of wrinkles or blackheads."

The simplicity of this scientific system of self-applied massage, and the speed with which it clears the complexion, are almost beyond belief. A single soothing application of the little Beauty-Cup produces remarkable results. Blackheads in many cases are banished in sixty seconds. It pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms and neck, and plumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. Dr. Harlan's Beauty-Cup sent by mail in plain wrapper—with our Beauty Book—to any address for 2/1 P.O. (abroad 2/6 M.O.)

Hundreds of unsolicited testimonials.

Address, M-HIGHWATER LABORATORY Co., 1—118 Exchange Building, Southwark, London.

TOO FAT

The Zobeide Tissue Absorbers will thin you. Price 2/6. The Zobeide Beauty Belt for the speedy reduction of Hips and Abdomen. No Pressure. No Dieting. Price 25/6 and 31/6. —Mrs. MAINE, 10, St. Mildred's Road, Lee, London (late 41, Conduit Street, W.).

When ordering Articles Advertised, Please mention "Myra's Journal."

SUPERFLUOUS HAIR.

"DEPILLOS" (Registered).

MARVELLOUS SUCCESS.

We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance WILL NEVER RE-APPEAR; and to prove the correctness of the above statement, we will send, absolutely FREE, securely packed and free from observation, with medical certificate and testimonials, a sample to all who enclose two penny stamps. Address—

Manageress, TAYLOR & CO.
(Dept. 26), 149, FLEET STREET, LONDON, E.C.

A HEALTHY COMPLEXION

Can only be secured by a healthy state of body.

Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.

WHELPTON'S VEGETABLE PURIFYING PILLS

Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.

See that you get WHELPTON'S, and do not accept anything **"just as good."**

8256

HAIR COLOURING

Telephone: 1304 MAYFAIR.

Telegrams: "TARLITA, LONDON."

MONS. TARLITA begs to give notice to Ladies whose hair has been unsuccessfully dyed, tinted, or coloured by Hairdressers that it can be restored to its natural colour, or re-coloured to any other desired shade true to nature in one sitting, without the slightest injury to the Hair, Scalp, or Health,

THE RIBBON ONDULATEUR

the only non-injurious Hair Waver. Price, with illustrated directions for use, 4/-

(Non-Inflammable) ***DRY SHAMPOO***

Half-pint bottle, 3s., by post, 3s. 6d.

Consultations Free.

Price List on application to—

TARLITA,

77 C, New Bond Street, LONDON, W.

AZARIEL, for Whitening the Skin, 6s.

SHOPPING BY POST.

A READY-MADE SKIRT FLOUNCE.

Everybody knows that it is very bad form to wear a petticoat or underskirt of some colour which clashes with the tone of the

THE "RECO" SKIRT FLOUNCE.

costume and its accessories. This is a serious matter when we pack the holiday outfit, as our trunks refuse to hold *all* the foundations and under-skirts which match the dresses we *must* take. This is one circumstance in which the "Reco" Skirt Flounces come in so splendidly. They are made in some twenty different shades (prices ranging from 1s. 6d. to 20s. each, according to width, material, and elaboration), take little room to pack, and are tacked or buttoned on to a skirt in a few minutes. The economical woman, who cannot afford a series of under-skirts, finds these flounces invaluable at all seasons, as she can by their means always alter the hue of her petticoat to suit her dress. Besides, it is the flounce which soonest gets shabby of a petticoat, and here is a new flounce ready-made to hand to make a well-worn petticoat equal to new. All drapers keep the "Reco" Skirt Flounces, but if there is any difficulty found in getting them, ladies should write straight to Messrs. Owen, Owen, Limited, London Road, Liverpool.

THE ART OF DRY-CLEANING.

Muslin dresses, blouses, and such-like dainty creations in crêpe de Chine, Indian muslin, silk, &c., though delightfully cool, must be kept fresh and clean to be attractive; yet ordinary washing means their ruin. But there is one thoroughly satisfactory system of renovation—dry cleaning—and this must be properly done. Full confidence can be safely placed in experts like Messrs. Campbell of Perth, who are thoroughly up-to-date in their methods, and possess all the newest appliances. In finish they quite equal a West End or Parisian firm.

White and light-coloured gloves can be repeatedly cleaned by their dry process, retaining their natural softness, and regaining their lost delicacy. Feathers and feather boas Messrs. Campbell clean, dye, and curl in the latest style. Hats of straw, crin, or felt they are remodelling to the season's new shapes.

Campbell's have Receiving Offices in all the principal towns and agencies everywhere, through which articles may be sent and returned (carriage free). Light articles and urgent orders should be posted direct to "P. and P. Campbell, Perth."

A CAPITAL DRESS SHIELD.

In order to avoid the trouble and expense of securing dress shields in all our blouses and bodices (especially those which simply live at the laundress's), we ought to have an "Always Ready" Perfect Dress and Corset Protector. It is so made that the necessary shields are always kept in the right place, and yet the whole thing is slipped over the arms, and ties in front with a single string. It can be had at all drapers, but ladies in a hurry with their holiday packing will save time by posting off a Postal Order for 2s. 11d. to the manufacturers, Oliver and Sons, Winchester Avenue, Silver Street, London, E.C.

A BOON TO DRESSMAKERS.

It is of course a great advantage for dressmakers to buy their fabrics, linings, and haberdashery at establishments which cater entirely for dressmakers, and who supply them at prices considerably under the usual retail prices—in fact at genuine *wholesale* prices. This advantage can be got at the Dressmakers' Cloth Co., Armley, Leeds. Of course, dressmakers who write for patterns and samples of the beautiful up-to-date tweeds, serges, linens and cottons, &c., must enclose their professional card and bill-head, to show that they are bonâ fide professional dressmakers, because this firm deals with dressmakers only, who fix their own prices with their customers.

No. 7768 No. 7769

Nos. 7770 & 7771 No. 7772 No. 7773

DETAILS OF DRESS FOR THE HOLIDAY OUTFIT.

For Description see Page 36.

Price of Paper Patterns, each 3½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C*

SUPERFLUOUS HAIR.

It cannot be denied that women suffer acute mental distress because of a beard-like growth upon the face, and, unfortunately, in many cases the application of depilatories, or the removal of hair by the use of pumice stone or tweezers, only serves to increase the growth. There is only one known method that will remove hair permanently, and that is electrolysis. This at one time could only be applied by people of experience, because the instruments used were so intricate; but since Madame Tensfeldt simplified the treatment, hundreds of ladies have been able to remove those hairs in the privacy of their own room by the use of the "Tensfeldt Apparatus," invented by Mdme. Tensfeldt, the well-known electrolysis expert. The treatment, if slow, is sure, and it is so gratifying in every instance that it would justify a still more lengthy mode of procedure. The treatment itself is surprisingly simple, and there is now no reason why any lady should still possess superfluous hairs.

The apparatus was brought out first in the year 1905, and since that time it has met with well-merited success. Madame Tensfeldt has been the means of giving a great deal of happiness and contentment to those who formerly looked on life as a burden. Madame Tensfeldt has published a little booklet called "The Face Perfect," which she offers to forward to any sufferer from this dreadful blemish of superfluous hair, and all readers of MYRA'S JOURNAL who are affected in this way I would strongly advise to send for it. Madame Tensfeldt's address is 33A, Shandwick Place, Edinburgh.

The Great Eastern Railway Co.'s capital "Tourist Guide to the Continent," price 6d., should be purchased by all intending holiday-makers. It is beautifully illustrated, and is packed with invaluable information. The mapped-out tours are of the utmost service to tourists, and this year's guide gives particulars of new and most inviting tours to the Hartz and Thuringian Mountains, viâ Holland, to the less known side valleys of the Rhine, the Ardennes and Belgic cities, viâ Antwerp, &c. There are several splendid maps in the book.

"Of all the ladies' papers that are published Myra is undoubtedly the very best."—M. H.

Results of the Prize Competition.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following prize recipes:—

EGGS WITH CHEESE.—Take some slices of bread, toast them, butter thickly, and cut into squares, and on each square put a quarter of a hard-boiled egg. Melt in a pan on the fire any piece of dry, hard cheese you may have; season with a little salt, pepper, and mixed mustard. Pour this over the eggs, and brown before a clear fire. Serve hot.—Miss GILES, Woodgrange, Exmouth.

BREAKFAST BRAWN.—One pound of underdone lean beef, 1lb of lean ham, ½lb of breadcrumbs, ½ teaspoonful ground mace, ½ teaspoonful pepper, ½ teaspoonful of salt, and two beaten eggs. Mince the beef and ham finely, add the other ingredients, and moisten with the eggs. Press very closely into a buttered mould, cover with paper, and steam four hours. To be eaten cold.—C. PAXTON, 2, Duke Street, Darlington.

BACHELOR'S PUDDING.—The weight of one egg in chopped suet, flour, minced apple, breadcrumbs, sugar, and currants. Beat up the egg well, add a little milk to it, mix a little baking powder with the dry ingredients, mixing all well together with the egg and milk. Flavour with ginger, nutmeg, or lemon. Steam or bake.—MRS. ALCOCK, 2, Rockview Terrace, Montenotte, Cork.

APPLE FRITTERS WITHOUT EGGS.—For the batter, a quarter of a pound flour, one dessertspoonful of parsley flour, a little salt, add gradually, beating well; sufficient milk to make a batter that will drop from the spoon. This batter should not be made till you are ready to use it. Peel some apples and core them with an apple-scoop. Cut them into fairly thick slices, cutting whole way across. Throw these slices into the batter, take them out one by one and drop into a pan of boiling fat. Fry them till they are a nice brown on both sides. Drain them on paper, and serve them hot, piled up on a dish, with sifted sugar sprinkled over them.

Figs make an excellent fritter, if they are steamed and then dried by rolling them in sifted sugar.

Sweet sandwiches, scraps of fruit cake, small remnants of stiff puddings of various kinds, such as baked rice pudding, or steamed fruit puddings can always be daintily used up in this way.—MRS. C. LEE, Cosy Hall, Sutton, Co. Dublin.

COMMENDED AND RECOMMENDED.

BOILED CARROTS.—Raw carrots should not be scraped—merely wash them; but when nearly done take off the skin with the back of a knife. The difference in flavour is great, because, done thus, the carrots keep their natural juice.—SUSSEX.

CHERRY SALAD TO SERVE WITH SAVOURIES.—For ½lb to ¾lb of fruit allow a tablespoonful of the best salad oil, with either a little chopped, shredded tarragon and chervil picked small, or tarragon vinegar if the herbs be used; a few drops of white vinegar or lemon juice may be added. Some add a little sugar, and omit anything of an acid nature. The stones are to be removed, and, if liked, some of them may be cracked and the kernels added to the dish. The fruit used should be of good quality and ripe, but not broken.—DUBLIN.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following hints:—

TO REMOVE FINGER-MARKS FROM DOORS.—Rub the finger-marks with a piece of flannel dipped in paraffin. Afterwards wipe with a clean cloth wrung out of hot water. This is better than using soap, as it does not injure the paint. Doors which face the dusty road will keep clean much longer if a little paraffin is used in cleaning them.—Miss VI. HENDERSON, Cromwell House, 24, Loose Road, Maidstone.

TO WATERPROOF ANY MATERIAL.—Dissolve ½lb of alum in 2 quarts of boiling water. Pour the solution into a vessel containing 2 gallons of cold spring water. Immerse the cloth in this vessel and let it remain 24 hours. Then dissolve ½lb. of sugar of lead in 2 quarts of boiling water. Pour the solution into another vessel containing 2 gallons of cold spring water. Then take the cloth from the first vessel, gently wring or press it, put it into the sugar of lead and water, and let it remain for 6 hours. Gently wring it and hang it in the shade to dry. This will be thoroughly waterproof.—Miss L. J. TOYE, Crowthorne.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.
FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
BEST HOUSEHOLD HINTS.

(1) Cold baked potatoes, if dipped for a moment in hot water, and then placed in a moderately hot oven till warmed through, are quite as nice as if freshly baked. (2) When the colour has been taken from silks by acids, it may be restored by applying a little hartshorn or sal volatile.—Miss MAY FULLER, 79, Barrowgate Road, Chiswick.

If one has not much room for storing it is an excellent plan to make for each bedroom a large pillow-shaped bag of pretty cretonne edged with a frill all round. Eiderdown quilts are carefully shaken—if liked, a little moth powder dusted in—and then neatly folded to size of bag, which has then the opening sewn up. It makes a good lounge pillow; the quilt is protected from dust, and is at hand when wanted.—Mrs. GARDEN, 45, Anerley Road, Upper Norwood, S.E.

COMMENDED AND RECOMMENDED.

A METHOD OF USING TWO THINGS WHICH ARE USUALLY THROWN AWAY.—(1) Worn gentlemen's collars, starched as for wear, make excellent bandeaux for hats without the trouble of wiring. Covered with silk or velvet, they are quite ready for use, and most comfortable. (2) Fine bones or even steels which work their way out of corsets, covered with thin silk or tape, make excellent collar supports and cost nothing, which is a great deal in their favour.

TO MAKE IRONING EASY.—Damp an old duster or piece of rag, rub on some yellow soap. When the iron is hot pass it quickly over the soapy rag.—MUSWELL HILL.

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before August 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

COOKING RECIPES.
AUGUST, 1908.

HOUSEHOLD HINTS.
AUGUST, 1908.

The Result of the Competition will be published in the October number.

NOTE.—All prize-winners, when they see their names announced, must apply by letter for any prize they may be awarded. If such application is not made within a month of the date of the number containing list of prize-winners, the prize will be cancelled. Applications MUST NOT be made to Mrs. Hope, but to Messrs. BEETON & Co., 10 & 11, Fetter Lane, E.C.

SAVE YOUR CARPETS
BY USING

Bissell
CYCO-BEARING
CARPET SWEEPERS
which are almost absolutely essential in sweeping the sick-room; convenient in sweeping up the crumbs around the dining-room table, or for any general purposes, while nothing picks up the clippings, threads, &c., from the sewing-room as quickly and easily. Insist on a genuine BISSELL.
Prices, 13/3 to 18/-.

Correspondence.

RULES.

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Tricoche.—(1) We have an embroidery transfer with "anchor and rope" design. The price is 4½d., post free. Where the rope twists occur it is very easy to adapt the design to another collar. The yachting costume, No. 7737, could be embroidered from this transfer with a little adaptation. (2) I noted your wish for a serviceable "crawler" or overall for your year-old baby boy in your previous letter, and will give away the pattern next month. We have had many applications for a similar garment. (3) For your two little girls why not make their knockabout suits like No. 7731, while they remain on the farm? Nothing need be worn beneath but a protective combination.

Leila M.—(1) Get the linen from the Bradford Manufacturing Co., Department M.R., Bradford. A 29-inch linen will suit that pattern best, as it is wide enough, and, of course, 36-inch linens are more expensive. (2) In our July number there is a nice coat and skirt for striped Viyella, the seams to be strapped or piped with linen matching the coloured stripe. Collar and cuffs should be faced with the linen. An excellent effect is got by strapping and facing striped materials with plain linen. (3) On tussore, white piqué facings are highly effective, but the straps should be of the tussore. I like tussore with pipings and facings of black or green satin. If you have any difficulty in getting the Viyella, send to the proprietors, Vivella, M. J., 25 and 26, Newgate Street, London, E.C.

Daphne.—(1) You need not wear pads as your hair is so nice and thick round the face. Puff it out with Zayar combs (you can get them in horn or shell from Monsieur Larlita's, 77, Bond St., W.). It is not good form to have such a very voluminous pile of hair. (2) You can get the tassels made at Head and Son's, The Golden Tassel, Sloan Street, W. It would improve the effect to have a little mauve chenille with the white silk, and, of course, it is the merest chance if you can find such a tassel ready-made. A mere trifle of extra charge is made for booking the order, and this is the only way to get a good effect. Do you know that expensive dressmakers, when they turn out a lady's toilette with such perfect taste and harmony, have everything in the way of decoration specially dyed for them? The mauve chenille should match the little velvet ribbon tie on your white blouse.

Owing to pressure of space, dress letters (giving name and address) have been answered by post.

GRAPHOLOGY.

(Continued from p. 14.)

D. G.—This handwriting shows great intuition, and the happy knack of saying the right thing in the right place. Very original and very cultured. The writer is reserved, and would not care for many people, but those she selects as her friends are fortunate, for she would be very loyal and true to them. Ambition and energy are also shown. She is quick tempered, and should guard against a tendency to be too versatile.

Betty's Lover.—This handwriting shows a character likely to be much swayed by women, and he is fond of their company. He is very kind-hearted and generous. Fond of music and all pleasures; is impulsive and extremely impressionable. The signature shows a certain amount of pride and social ambition.

Vera.—This shows good sense, reasoning power, and strong will, with a candid and generous nature. Is much interested in details of dress, and is original and clever. The temper is apt to be quick, and at times the writer is inclined to be self-assertive.

Tom.—A rather sensuous nature is shown by this specimen, and the writer is much attracted by the society of the opposite sex. Is clever, and has considerable business acumen. Is very impatient, quick-tempered, and irritable at times. Should cultivate patience a great deal more. Is jealous and exacting where his affections are concerned.

Nell Gwen.—In this handwriting the irregular and extraordinary forms of all the capitals show great excitability of temperament and imagination. Quick temper and impatience is also shown, with self-assertion and determination. A sense of colour is shown, and love of the beautiful. The writer is of an affectionate nature, and is capable of a passionate attachment.

SPECIAL NOTICE.

In consequence of the reduction in the cost of postage to Canada the subscription rate for "Myra's Journal" to Canada *only* is 4s. per annum.

Canada: eight cents per copy. One dollar per annum.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Continued from Page 36.

Cutter and Fitter Wanted (Mdme. M.).—Had you enclosed the stamps I would have sent on to you the address of a worker who would just suit you, I think. I wrote to you direct about the matter, and am also putting a notice in for you.

Dressmaker (E. S.).—I have not forgotten you, and have given your name recently, and will do so again when occasion offers.

Work to be Done (E. R.).—I sent on your letter, and I should be glad to know if the work was accomplished to your satisfaction. Are you doing anything yourself, specially, just now?

Pupil for Dressmaking (E. M. P.).—I hope the information I sent you was of use.

Bodice Hand Wanted (Mrs. I.).—I had not an actual bodice hand on my Register, but I sent you some addresses which I trust were of use, as these workers have all given satisfaction to other correspondents. I am putting a notice in for you, though I fear it is rather late in the season now. Still, you may be glad of names and addresses.

Dressmaker Wanted (U. F.).—I regret that I cannot answer privately unless stamps are enclosed according to my rule, but I think you would find the dressmaker you ask about quite satisfactory.

Dressmaker Recommended (Miss L.).—Thank you for letting me know that the dressmaker I recommended to you—amongst others—gave such complete satisfaction.

Letter Forwarded (A. L. M.).—I forwarded your letter to my correspondent, and I should be glad to know if you arrange anything with her. I am putting in a notice for you about the partnership, which I hope may be successful.

Renovations, &c. (A. P.)—I sent on your letter to the Work Society, and I should be glad to know if you work for them. I duly received and re-insert your notice.

Opening in West End Dressmaking Establishment Wanted (W. T.)—I sent you on a suitable opening for your daughter, and I am also putting a notice in for her, as in that way a wider choice is often obtained. I advise you to let her learn the business thoroughly, as that is the only way to obtain lasting success. Your daughter really needs practical experience. Unfortunately, the slack season is approaching. Still, I do not doubt that you will be able to place her satisfactorily.

Fancy Worker (B. G.).—I got your letter and forwarded the communication to the society. I have also sent you on a letter from a correspondent who, I hope, will give you work. I trust you will enjoy your visit to the country. It should be ideal in this glorious summer weather. Let me know if you decide to work or not.

Partner Wanted (Mrs. C.).—I hope my correspondent and you will find the arrangement you tell me about mutually agreeable. I can quite believe that, as you say, with work coming in so fast and with a weak heart, you feel the need of some assistance. I think you might find a notice of your rooms in "Hearth and Home" useful. If you get the paper you will see the regulations about advertisements. No, there is no charge whatsoever, only the stamps when a private reply is required. Please write and let me know with whom you settle eventually.

Opening for a Middle-aged Woman (K. C. M.).—What you say is very sad, but there are compensating circumstances. The lady has a certain amount of capital. She has a capable daughter, and both possess good health. Their present house is evidently useless to them. I advise them to give it up and look for one on a good line to town with plenty of bedrooms, or big rooms which can be divided, and to start a big country boarding house. Furniture they have, and as both are thoroughly good housekeepers they will undertake the superintendence of the kitchen and the house. This must be done if success is to be attained on moderate lines. Choose a place with a good service to town, and near golf links, and not remote from church and shops. And don't decide in a hurry. Some people I knew spent eighteen months searching, but, then, they got what they wanted. A well-built house, out of repair, is sometimes worth looking at. The places you suggest are popular, but very well supplied already. I think if they go on fresh ground they are more likely to do well. The great thing is to superintend the *cuisine*. Two women I know, having lost nearly all their money, sank the rest in a house of this description. They were homely, kind people, good cooks, and I am glad to say have made a great success of it. "Isn't this better than rusticating in a cottage?" said one of them to me. And it certainly was.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
AUGUST, 1908.

DRESS AND HAIRDRESSING.
AUGUST, 1908.

HEALTH AND BEAUTY.
AUGUST, 1908.

GRAPHOLOGY.
AUGUST, 1908.

ETIQUETTE.
AUGUST, 1908.

COOKERY & HOUSE MANAGEMENT.
AUGUST, 1908.

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OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, August, 1908.

DRESS AND MILLINERY.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—26, Homecroft Road, Sydenham.

SKIRTS AND BLOUSES for sale.—Fillicette, 18, Barrowhill Road, St. John's Wood.

ARTISTIC MILLINERY; moderate charges.—Smith and Everest, 3, Cancell Road, Brixton.

ROYAL NAVY SERGE, direct from Portsmouth, as supplied to the Royal Navy; most satisfactory for ladies costumes and hard wear; navy, cream, and black only, 1s. 6½d., 1s. 11½d. yard; patterns free.—Smith, Warehouseman, 128A, Albert Road, Portsmouth.

SKIRTS, Navy or Black, to measure, 5s. 6d.—Pinchback, 53, Guildford Road, Greenwich.

EMBROIDERED BLOUSES from 6s. 11d.—Miss Hammond, 20, Mount Pleasant, W.C.

LADIES SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

NEEDLEWORK, DRESSMAKERS, &c.

Millicent Wright, 45, Artesian Road, Westbourne Grove, W., LADIES' MATERIALS. Terms moderate.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

DRESSMAKING and RENOVATIONS at ladies' houses or at home.—Mrs. McCarthy, D108, Queen Street Buildings, Edgware Road, W.

HOME DRESSCUTTING AND MAKING TAUGHT; experienced teacher; practical dressmaker. Tailors' or Guerre system.—D., 120, Seymour Road, Harringay.

BLOUSES.—Ladies' materials; perfect fit and finish; exceptional testimonials for promptness and reasonable charges.—Madame Course, Rushden.

DRESSMAKER, daily. Town, country Ladies houses. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

DRESSMAKER, Daily, or at home. Experienced.—Miss Connery, 8, Haselrigge Road, Clapham, S.W.

BLOUSES stylishly made from 2s. 6d. Ladies materials.—Miss Paulina, 129, Marlow Road, Anerley, S.E.

Joan Comerford, DRESSMAKER. Perfect fit; terms moderate.—220, Dalling Road, Shepherd's Bush.

DRESSMAKER, any style; clever renovator; ladies' house or home.—36, Ambler Road, Finsbury Park, N.

DRESSMAKER, daily or at home; coats, blouses, renovations, &c.—Mrs. Goddard, 35, May Street, West Kensington.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

ART NEEDLEWORK. Private lessons given (10s. 6d. a term, 1s. 6d. single lessons). Ladies' work commenced for example, or completed. Moderate charges.—Miss Shields, 11, St. Marks Crescent, Regent's Park, N.W.

Mrs. Goddard, DRESSMAKER. Perfect fit and style.—150, Revelstoke Road, Southfields.

Mrs. Harlow, DRESSMAKER, MILLINER Charges moderate.—232, Ashmore Road, Maida Hill, W.

FANCY NEEDLEWORK of all kinds. Bazaar work. Price list on application.—Miss E. Eve, 94, Coningham Road, Shepherd's Bush.

COSTUMES, DRESSES, any style and size, made to fit, 25s. complete; BLOUSES from 2s. 11d.; dainty underwear, &c.—25, Mysore Road, Lavender Hill, S.W.

PLAIN AND FANCY BLOUSES for sale.—Graeff, 7, Boscombe Road, Tooting Junction.

DRESSMAKER, daily, at ladies residences. Coats, blouses, renovations, &c. Mrs Goddard, 35, May Street, West Kensington.

Mrs. Drake, Artistic BLOUSE MAKER and MILLINER. Ladies own material. 66, Richmond Road, Bayswater.

Charming POCKETS, silk tatting, fringed any colour to match costume, 3s. 11d.; stock collars, with plastron, 2s. 11d.; approval—Mrs. Harcourt, 129, Marlow Road, Anerley, S.E.

DRESSMAKER, at ladies' house or at home.—Miss Pees, 7, Evandale Road, Brixton, S.W.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

Ladies' short SILVER ALBERT. Stamped. Exchange. M3698

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

MUSIC neatly and strongly bound in limp cloth covers, 9d. to 1s. M3731

ANTIQUES, &c.—Curious old COPY CYPHER LETTER written by Charles I. What offers?—Miss Munro, 15, Broadwater Down, Tunbridge Wells.

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

STAMPS.—100 different. Official. Morocco, Trinidad, Barbadoes, Labuan, Nyassa, North Borneo. 1s. free.—Bowen, 44, Wellington Place, Belfast.

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DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. AUGUST, 1908.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss E. Baker, 143, Station Road, Forest Gate, Essex.
Mrs. H. Chapman, 21, Hollywood Road, South Kensington, S.W.
Mrs. Coles, 173, Northcote Road, Clapham Junction, S.W.
Miss Connery, 8, Haselrigge Road, Clapham, S.W.
Miss Coward, 82, Camden Road, N.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. Goddard, 35, May Street, West Kensington.
Miss Gook, 21, Hollywood Road, Redcliffe Square.
Miss Hadfield, 69, Alexander Road, Upper Holloway, N.
Miss R. Harvey, 329, Goldhawk Road, Hammersmith, W.
Mrs. McCarthy, D108, Queen Street Buildings, Edgware Road, W.
Miss Pearl, 18, Bruce Road, South Norwood.
Miss E. Robinson, 69, St. Thomas Road, Finsbury Park, N.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss Sullivan, 19, St. Paul's Road, Canonbury, N.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

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Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
Madame Eugenié Baroux, 39, Arthur Road, Tollington Road, N.
Miss J. Caudell, 6, St. Julian's Road, Kilburn, N.W.
Madame Clare, 1, New Quebec Street, Marble Arch, W.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.W.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
Madame Course, Rushden, North.
Miss Davies, 120, Seymour Road, Harringay, N.
Mrs. England, 440, Edgware Road, W.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Clara Green, 16, Porten Houses, Porten Road, West Kensington Park.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Miss Louise, 168, Church Street, Kensington, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Miss Mayhew, 55, Oseney Crescent, N.W.
E. Noonan, 3, St. Julian's Road, Kilburn, N.W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Nina Swancott, 15, Delamere Cres., Westbourne Sq., Paddington, W.
Miss Tanner, 9, Exeter Street, Dyke Road, Brighton.
Miss Walwyn, 59, Cambridge Mansions, Battersea Park, S.W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Mrs. Markham, 1, Hazlitt Road, West Kensington.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

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Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

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Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
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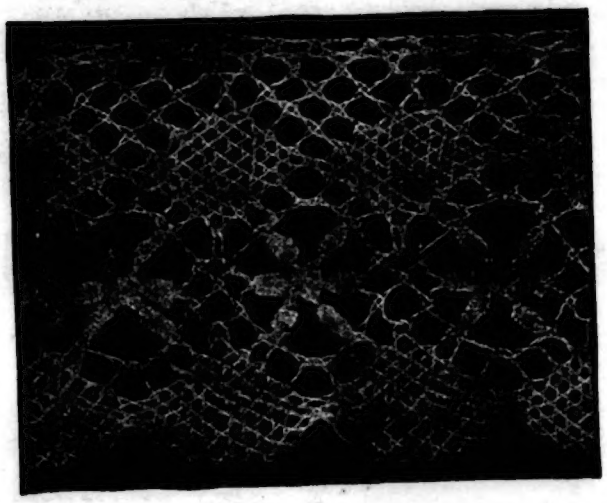

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